

European Juniors Women's Classic Records

Last update: 23 Mar 2024, 11:46 UTC

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-43kg	Europe Standard				115.0	01.01.2013		
-47kg	Chapon Tiffany	France	2001	46.70	161.0	25.03.2023	Sheffield / Great Britain	
-52kg	Chapon Tiffany	France	2001	47.05	160.0	24.09.2022	Birmingham / Great Britain	
-57kg	Jacob Jade	France	2001	56.57	188.0	10.02.2024	Sheffield / Great Britain	
-63kg	Casagrande Federica	Italy	2000	62.26	185.0	14.10.2023	Budapest / Hungary	
-69kg	Vainauskyte Ramune	Lithuania	2000	68.39	200.0	02.11.2023	Kranjska Gora / Slovenia	
-76kg	Olsson Vilma	Sweden	1999	72.75	210.0	09.06.2022	Sun City / South Africa	
-84kg	Izobodo-John Erholove	Great Britain	2001	82.51	215.0	17.03.2024	Velika Gorica / Croatia	
84+kg	Ebosele Lystus	Ireland	2001	89.42	245.0	15.03.2024	Birmingham / Great Britain	
BENCH PRESS								
-43kg	Ciaravino Sara	Italy	2001	42.46	72.5	28.08.2023	Cluj Napoca / Romania	
-47kg	Chapon Tiffany	France	2001	46.90	99.5	11.06.2023	St. Julians / Malta	
-52kg	Ramberg Selma	Norway	2001	51.45	113.5	05.12.2021	Vesteros / Sweden	
-57kg	Berglund Donna	Sweden	1997	56.75	120.5	02.12.2019	Kaunas / Lithuania	
-63kg	Garra Carola	Italy	1994	62.53	133.0	14.09.2017	Hamm / Luxembourg	
-69kg	Sitko Agata	Poland	2002	68.90	154.0	10.02.2024	Sheffield / Great Britain	
-76kg	Sitko Agata	Poland	2002	69.85	154.5	15.03.2024	Birmingham / Great Britain	
-84kg	Sitko Agata	Poland	2002	77.85	147.5	04.09.2022	Istanbul / Turkiye	
84+kg	Efimtseva Daria	Russia	2000	149.20	145.0	12.12.2021	Vesteros / Sweden	
DEADLIFT								
-43kg	Yeung Cherry	Great Britain	1997	41.90	146.0	08.06.2019	Helsingborg / Sweden	
-47kg	Chapon Tiffany	France	2001	46.90	170.0	06.06.2022	Sun City / South Africa	
-52kg	Hadrys Camille	France	2000	52.00	183.0	29.08.2023	Cluj Napoca / Romania	
-57kg	Jacob Jade	France	2001	56.57	231.5	10.02.2024	Sheffield / Great Britain	
-63kg	Eugenie Samantha	France	2002	62.70	216.0	02.09.2022	Istanbul / Turkiye	
-69kg	Sitko Agata	Poland	2002	68.90	248.5	10.02.2024	Sheffield / Great Britain	
-76kg	Sitko Agata	Poland	2002	69.85	250.0	15.03.2024	Birmingham / Great Britain	
-84kg	Izobodo-John Erholove	Great Britain	2001	82.51	263.0	17.03.2024	Velika Gorica / Croatia	
84+kg	Wetheridge Leigh	Great Britain	1994	105.26	227.5	23.09.2017	Barcelona / Spain	
TOTAL								
-43kg	Ciaravino Sara	Italy	2001	42.46	315.0	28.08.2023	Cluj Napoca / Romania	
-47kg	Chapon Tiffany	France	2001	46.77	431.5	10.02.2024	Sheffield / Great Britain	
-52kg	Hadrys Camille	France	2000	52.00	425.5	29.08.2023	Cluj Napoca / Romania	
-57kg	Jacob Jade	France	2001	56.80	503.5	25.03.2023	Sheffield / Great Britain	
-63kg	Bernardi Chiara	Italy	1998	62.26	505.5	27.09.2021	Halmstad / Sweden	
-69kg	Sitko Agata	Poland	2002	68.90	600.0	10.02.2024	Sheffield / Great Britain	
-76kg	Sitko Agata	Poland	2002	69.85	599.5	15.03.2024	Birmingham / Great Britain	
-84kg	Izobodo-John Erholove	Great Britain	2001	82.51	583.0	17.03.2024	Velika Gorica / Croatia	
84+kg	Ebosele Lystus	Ireland	2001	89.42	617.5	15.03.2024	Birmingham / Great Britain	
BENCH PRESS (SINGLE LIFT)								
-43kg	Europe Standard				75.0	01.11.2015		
-47kg	Chapon Tiffany	France	2001	46.90	99.5	11.06.2023	St. Julians / Malta	
-52kg	Ramberg Selma	Norway	2001	51.32	114.0	28.05.2022	Almaty / Kazakhstan	
-57kg	Berglund Donna	Sweden	1997	56.72	120.5	20.05.2019	Tokyo / Japan	
-63kg	Garra Carola	Italy	1994	62.53	133.0	14.09.2017	Hamm / Luxembourg	
-69kg	Sitko Agata	Poland	2002	68.90	154.0	10.02.2024	Sheffield / Great Britain	
-76kg	Sitko Agata	Poland	2002	69.85	154.5	15.03.2024	Birmingham / Great Britain	
-84kg	Sitko Agata	Poland	2002	77.85	147.5	04.09.2022	Istanbul / Turkiye	
84+kg	Efimtseva Daria	Russia	2000	149.20	145.0	12.12.2021	Vesteros / Sweden	

Abbreviation: * – Pending Approval