

World Masters 4 Women's Classic Records

Last update: 25 Apr 2024, 05:06 UTC

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-47kg	Elwyn Susan	U.S.America	1947	45.87	85.0	06.06.2018	Calgary / Canada	
-52kg	Elwyn Susan	US Virgin Islands	1947	48.20	82.5	11.06.2023	St. Julians / Malta	
-57kg	Sprang Lois	Trinidad and Tobago	1949	55.65	85.0	08.08.2023	Grand Cayman / Cayman Islands	
-63kg	Stettner Shelly	U.S.America	1951	59.94	115.0	08.10.2022	St. John's / Canada	
-69kg	Loken Kirsti	Norway	1954	68.40	110.0	12.02.2024	Malaga / Spain	
-76kg	Moore Gail	U.S.America	1947	70.33	105.0	08.01.2021	Orlando / U.S.America	
-84kg	Rousseau Linda	Canada	1953	78.70	100.5	10.08.2023	Grand Cayman / Cayman Islands	
84+kg	Takacova Hana	Czechia	1954	91.60	122.5	12.02.2024	Malaga / Spain	
BENCH PRESS								
-47kg	Kumpuniemi Eila	Finland	1942	46.42	45.0	05.06.2015	Salo / Finland	
-52kg	Aiazzi Joyce	U.S.America	1946	47.61	52.5	15.06.2017	Minsk / Belarus	
-57kg	Fernstrom Britten	Sweden	1949	56.62	55.5	12.02.2024	Malaga / Spain	
-63kg	Stettner Shelly	U.S.America	1951	59.94	68.0	08.10.2022	St. John's / Canada	
-69kg	Williams Gale	U.S.America	1947	66.90	62.5	08.10.2022	St. John's / Canada	
-76kg	Del Duca Sara	Italy	1954	71.68	73.0	12.02.2024	Malaga / Spain	
-84kg	World Standard				60.0	01.01.2014		
84+kg	Takacova Hana	Czechia	1954	91.60	92.5	12.02.2024	Malaga / Spain	
DEADLIFT								
-47kg	Elwyn Susan	US Virgin Islands	1947	46.75	125.5	11.08.2023	Grand Cayman / Cayman Islands	
-52kg	Elwyn Susan	U.S.America	1947	47.47	122.5	06.08.2019	San Jose / Costa Rica	
-57kg	Klovstad Charito A	Norway	1951	55.10	125.0	08.10.2023	Ulaanbaatar / Mongolia	
-63kg	Stettner Shelly	U.S.America	1951	59.94	142.5	08.10.2022	St. John's / Canada	
-69kg	Williams Gale	U.S.America	1947	66.90	136.5	08.10.2022	St. John's / Canada	
-76kg	Del Duca Sara	Italy	1954	71.68	150.0	12.02.2024	Malaga / Spain	
-84kg	Gaucher Sylvia	Canada	1953	80.20	136.0	10.08.2023	Grand Cayman / Cayman Islands	
84+kg	Takacova Hana	Czechia	1954	91.60	135.0	12.02.2024	Malaga / Spain	
TOTAL								
-47kg	Elwyn Susan	U.S.America	1947	45.87	245.0	06.06.2018	Calgary / Canada	
-52kg	Elwyn Susan	U.S.America	1947	47.47	240.0	06.08.2019	San Jose / Costa Rica	
-57kg	Lin A-Yun	Chinese Taipei	1945	54.60	252.5	24.06.2016	Killeen / U.S.America	
-63kg	Stettner Shelly	U.S.America	1951	59.94	325.5	08.10.2022	St. John's / Canada	
-69kg	Williams Gale	U.S.America	1947	66.90	286.5	08.10.2022	St. John's / Canada	
-76kg	Del Duca Sara	Italy	1954	71.68	325.5	12.02.2024	Malaga / Spain	
-84kg	Gaucher Sylvia	Canada	1953	80.20	291.5	10.08.2023	Grand Cayman / Cayman Islands	
84+kg	Takacova Hana	Czechia	1954	91.60	350.0	12.02.2024	Malaga / Spain	
BENCH PRESS (SINGLE LIFT)								
-47kg	Fukuda Suzuko	Japan	1953	46.50	55.0	12.09.2023	Toyako-cho Abuta-gun / Japan	
-52kg	Heligon Francoise	France	1943	51.31	54.0	09.08.2018	Merignac / France	
-57kg	Heligon Francoise	France	1943	55.09	58.5	07.08.2019	Hamm / Luxembourg	
-63kg	Stettner Shelly	U.S.America	1951	59.94	68.0	08.10.2022	St. John's / Canada	
-69kg	Thimm Anita	Germany	1950	64.20	65.0	02.08.2022	Budapest / Hungary	
-76kg	Sawa Chiyomi	Japan	1949	75.10	75.0	12.09.2023	Toyako-cho Abuta-gun / Japan	
-84kg	Sawa Chiyomi	Japan	1949	78.90	80.0	18.05.2019	Tokyo / Japan	
84+kg	Takacova Hana	Czechia	1954	91.60	92.5	12.02.2024	Malaga / Spain	

Abbreviation: * – Pending Approval