

w.class	name	nation	born	bwt	result	date	location	state
<b>SQUAT</b>								
-59kg	Uraki Mitsuhiro	Japan	1957	58.15	<b>141.0</b>	05.06.2019	Helsingborg / Sweden	
-66kg	Watanabe Shoichi	Japan	1958	65.48	<b>186.0</b>	08.10.2022	St. John's / Canada	
-74kg	Hachisu Mitsugu	Japan	1950	70.50	<b>200.0</b>	11.12.2012	Coimbatore / India	
-83kg	Kozasa Haruyoshi	Japan	1951	79.34	<b>196.0</b>	15.06.2017	Minsk / Belarus	
-93kg	Andoh Akira	Japan	1960	91.50	<b>207.5</b>	09.10.2023	Ulaanbaatar / Mongolia	
-105kg	Jaitabarov Murat	Kazakhstan	1963	103.85	<b>222.5</b>	09.10.2023	Ulaanbaatar / Mongolia	
-120kg	Hari Krishnan R V	India	1962	106.45	<b>182.5</b>	14.12.2023	Johor Bahru / Malaysia	
120+kg	Lewis Richard	Australia	1960	129.60	<b>242.5</b>	09.10.2023	Ulaanbaatar / Mongolia	
<b>BENCH PRESS</b>								
-59kg	Isagawa Hiroyuki	Japan	1953	58.20	<b>100.0</b>	08.10.2023	Ulaanbaatar / Mongolia	
-66kg	Hachisu Mitsugu	Japan	1950	65.09	<b>125.0</b>	06.06.2015	Salo / Finland	
-74kg	Hwang Chien-Lih	Chinese Taipei	1953	73.70	<b>138.0</b>	06.12.2017	Kerala / India	
-83kg	Varady Stephen	Australia	1962	82.22	<b>149.0</b>	26.06.2023	Hong Kong / Hong Kong	
-93kg	Sambuu Jargalsaikhan	Mongolia	1963	91.15	<b>135.0</b>	09.10.2023	Ulaanbaatar / Mongolia	
-105kg	Jaitabarov Murat	Kazakhstan	1963	103.85	<b>167.5</b>	09.10.2023	Ulaanbaatar / Mongolia	
-120kg	Hari Krishnan R V	India	1962	106.45	<b>105.0</b>	14.12.2023	Johor Bahru / Malaysia	
120+kg	Erfani Hassan	Iran	1958	126.70	<b>160.0</b>	28.12.2021	Istanbul / Turkiye	
<b>DEADLIFT</b>								
-59kg	Uraki Mitsuhiro	Japan	1957	58.60	<b>192.5</b>	09.10.2023	Ulaanbaatar / Mongolia	
-66kg	Okiura Katsuji	Japan	1945	65.80	<b>205.0</b>	01.06.2014	Johannesburg / South Africa	
-74kg	Hachisu Mitsugu	Japan	1950	70.50	<b>215.0</b>	11.12.2012	Coimbatore / India	
-83kg	Harada Seiji	Japan	1961	79.20	<b>215.5</b>	14.12.2023	Johor Bahru / Malaysia	
-93kg	Sambuu Jargalsaikhan	Mongolia	1963	91.15	<b>245.0</b>	09.10.2023	Ulaanbaatar / Mongolia	
-105kg	Jaitabarov Murat	Kazakhstan	1963	103.85	<b>225.0</b>	09.10.2023	Ulaanbaatar / Mongolia	
-120kg	Stepanenko Valeriy	Kazakhstan	1951	105.05	<b>200.0</b>	08.10.2023	Ulaanbaatar / Mongolia	
120+kg	Lewis Richard	Australia	1960	129.60	<b>275.0</b>	09.10.2023	Ulaanbaatar / Mongolia	
<b>TOTAL</b>								
-59kg	Uraki Mitsuhiro	Japan	1957	58.60	<b>425.0</b>	09.10.2023	Ulaanbaatar / Mongolia	
-66kg	Hachisu Mitsugu	Japan	1950	65.09	<b>515.0</b>	06.06.2015	Salo / Finland	
-74kg	Hachisu Mitsugu	Japan	1950	70.50	<b>547.5</b>	11.12.2012	Coimbatore / India	
-83kg	Varady Stephen	Australia	1962	82.22	<b>541.5</b>	26.06.2023	Hong Kong / Hong Kong	
-93kg	Sambuu Jargalsaikhan	Mongolia	1963	91.15	<b>562.5</b>	09.10.2023	Ulaanbaatar / Mongolia	
-105kg	Jaitabarov Murat	Kazakhstan	1963	103.85	<b>615.0</b>	09.10.2023	Ulaanbaatar / Mongolia	
-120kg	Hari Krishnan R V	India	1962	106.45	<b>467.5</b>	14.12.2023	Johor Bahru / Malaysia	
120+kg	Lewis Richard	Australia	1960	129.60	<b>129.6</b>	09.10.2023	Ulaanbaatar / Mongolia	
<b>BENCH PRESS (SINGLE LIFT)</b>								
-59kg	Shirakawa Takeshi	Japan	1948	56.71	<b>130.0</b>	07.12.2013	Quezon / Philippines	
-66kg	Sato Keiji	Japan	1952	65.90	<b>136.0</b>	07.12.2013	Quezon / Philippines	
-74kg	Hayashi Yasuhiro	Japan	1956	73.07	<b>148.0</b>	14.05.2018	Vantaa / Finland	
-83kg	Isu Junichi	Japan	1954	82.65	<b>163.0</b>	18.05.2019	Tokyo / Japan	
-93kg	Anraku Tomohiro	Japan	1956	88.79	<b>167.5</b>	18.04.2017	Killeen / U.S.America	
-105kg	Ono Kazuhisa	Japan	1962	97.80	<b>175.0</b>	12.09.2023	Hokkaido / Japan	
-120kg	Wada Kohei	Japan	1964	119.50	<b>201.5</b>	27.05.2024	Austin, TX / U.S.America	
120+kg	Zhuravlev Andrey	Kazakhstan	1959	120.70	<b>165.0</b>	26.05.2022	Almaty / Kazakhstan	

Abbreviation: \* – Pending Approval