

World Masters 1 Women's Equipped Records

Last update: 22 Mar 2024, 18:58 UTC

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-47kg	Fukushima Yukako	Japan	1970	46.20	190.0	05.11.2018	Halmstad / Sweden	
-52kg	Hartwig-Gary Suzanne	U.S.America	1968	51.56	182.5	04.11.2014	Aurora / U.S.America	
-57kg	Ochoa Vargas Vilma	Ecuador	1980	55.25	217.5	09.11.2021	Stavanger / Norway	
-63kg	Soloviova Larysa	Ukraine	1978	62.50	241.5	20.11.2019	Dubai / United Arab Emirates	
-69kg	Tavares Cicera	Brazil	1976	67.70	240.0	09.07.2022	Birmingham / U.S.America	
-76kg	Ribic Priscilla	U.S.America	1972	69.20	245.0	01.01.2021	Orlando / U.S.America	
-84kg	Strik Ielja	Netherlands	1973	83.60	257.5	07.11.2014	Aurora / U.S.America	
84+kg	Strik Ielja	Netherlands	1973	84.64	262.5	01.08.2013	Cali / Colombia	
BENCH PRESS								
-47kg	Fukushima Yukako	Japan	1970	46.44	135.0	24.07.2017	Wroclaw / Poland	
-52kg	Sandvik Marcela	Finland	1974	51.66	125.0	11.05.2017	Malaga / Spain	
-57kg	Bueno Erica	Brazil	1980	56.45	156.0	09.11.2021	Stavanger / Norway	
-63kg	Soloviova Larysa	Ukraine	1978	62.50	181.5	20.11.2019	Dubai / United Arab Emirates	
-69kg	Kitamura Mayumi	Japan	1967	65.55	157.5	01.01.2021	Kobe / Japan	
-76kg	Ribic Priscilla	U.S.America	1972	71.75	165.0	01.01.2021	Pilsen / Czechia	
-84kg	Blyn Liane	U.S.America	1972	80.95	191.0	04.03.2017	Colombus / U.S.America	
84+kg	Van der Meulen Brenda	Netherlands	1978	112.25	203.0	12.10.2019	Potchefstroom / South Africa	
DEADLIFT								
-47kg	Fukushima Yukako	Japan	1970	46.15	172.5	18.11.2019	Dubai / United Arab Emirates	
-52kg	World Standard				175.0	01.01.2011		
-57kg	Buriel Lisett	Venezuela	1971	56.30	192.5	18.08.2011	Buenos Aires / Argentina	
-63kg	Bak Kathrine	Denmark	1981	61.70	226.0	07.07.2023	Pilsen / Czechia	
-69kg	Tavares Cicera	Brazil	1976	67.70	242.5	09.07.2022	Birmingham / U.S.America	
-76kg	Ribic Priscilla	U.S.America	1972	71.75	249.0	01.01.2021	Pilsen / Czechia	
-84kg	Aaberg Jane	Denmark	1981	83.80	235.0	18.11.2023	Druskininkai / Lithuania	
84+kg	Manaena Sonia	New Zealand	1961	125.41	245.0	01.08.2013	Cali / Colombia	
TOTAL								
-47kg	Fukushima Yukako	Japan	1970	46.20	495.0	05.11.2018	Halmstad / Sweden	
-52kg	Hartwig-Gary Suzanne	U.S.America	1968	51.16	442.5	02.10.2012	Killeen / U.S.America	
-57kg	Bueno Erica	Brazil	1980	56.45	548.5	09.11.2021	Stavanger / Norway	
-63kg	Soloviova Larysa	Ukraine	1978	62.50	645.5	20.11.2019	Dubai / United Arab Emirates	
-69kg	Tavares Cicera	Brazil	1976	67.70	607.5	09.07.2022	Birmingham / U.S.America	
-76kg	Ribic Priscilla	U.S.America	1972	71.75	654.0	01.01.2021	Pilsen / Czechia	
-84kg	Blyn Liane	U.S.America	1972	80.95	663.5	04.03.2017	Colombus / U.S.America	
84+kg	Orobets Inna	Ukraine	1971	110.00	662.5	09.05.2014	Sofia / Bulgaria	
BENCH PRESS (SINGLE LIFT)								
-47kg	Fukushima Yukako	Japan	1970	46.52	137.5	24.05.2019	Tokyo / Japan	
-52kg	Nagaya-Shirakawa Kaori	Japan	1963	51.80	130.0	25.05.2011	Soelden / Austria	
-57kg	Kotkova Larisa	Russia	1974	56.40	165.5	27.04.2018	Potchefstroom / South Africa	
-63kg	Soloviova Larysa	Ukraine	1978	62.96	184.5	24.05.2019	Tokyo / Japan	
-69kg	Kitamura Mayumi	Japan	1967	65.55	157.5	01.01.2021	Kobe / Japan	
-76kg	Kristensen Linda	Norway	1977	75.65	167.5	27.05.2023	Sun City / South Africa	
-84kg	Engskar Eva	Norway	1973	83.82	192.5	18.10.2019	Tampere / Finland	
84+kg	Hugdalen Hildeborg	Norway	1983	121.80	238.0	17.03.2024	Birmingham / Great Britain	

Abbreviation: * – Pending Approval