

## Asian Sub-Juniors Women's Equipped Records

Last update: 15 Jul 2024, 13:26 UTC

w.class	name	nation	born	bwt	result	date	location	state
<b>SQUAT</b>								
-43kg	Jheng Ya-Syuan	Chinese Taipei	1999	42.20	<b>132.5</b>	02.05.2017	Soreang / Indonesia	
-47kg	Bautista Jeremy Reign	Philippines	1999	46.99	<b>135.0</b>	31.08.2015	Prague / Czechia	
-52kg	Chen Yi-Jin	Chinese Taipei	2003	51.60	<b>157.5</b>	27.08.2019	Regina / Canada	
-57kg	Priya D Harini	India	2004	56.25	<b>170.0</b>	19.06.2022	Coimbatore / India	
-63kg	Kao Yu-Chen	Chinese Taipei	2005	61.97	<b>195.0</b>	29.06.2023	Hong Kong / China	
-69kg	Qiu Zi-En	Chinese Taipei	2006	63.55	<b>185.0</b>	07.05.2024	Hong Kong / Hong Kong	
-76kg	Sneha Gharami	India	2006	75.40	<b>182.5</b>	05.05.2023	Alappuzha / India	
-84kg	Shabeena Shaik	India	2005	79.78	<b>175.0</b>	26.08.2023	Cluj Napoca / Romania	
84+kg	Gu Sin-Wei	Chinese Taipei	2006	120.55	<b>267.5</b>	13.07.2024	Potchefstroom / South Africa	
<b>BENCH PRESS</b>								
-43kg	Ompod Veronica	Philippines	2000	42.54	<b>57.5</b>	02.05.2017	Soreang / Indonesia	
-47kg	Kikuchi Miyabi	Japan	1998	46.78	<b>80.0</b>	29.08.2016	Szczyrk / Poland	
-52kg	Karimova Dilyra	Kazakhstan	1998	51.80	<b>95.0</b>	29.08.2016	Szczyrk / Poland	
-57kg	Burik Marina	Kazakhstan	1993	56.50	<b>90.0</b>	30.08.2011	Moose Jaw / Canada	
-63kg	Karimova Amina	Kazakhstan	2005	61.34	<b>115.0</b>	25.08.2023	Cluj Napoca / Romania	
-69kg	Qiu Zi-En	Chinese Taipei	2006	63.55	<b>90.5</b>	07.05.2024	Hong Kong / Hong Kong	
-76kg	Chuluunbat Khaliunaa	Mongolia	2005	74.95	<b>92.5</b>	29.08.2022	Istanbul / Turkiye	
84+kg	Su Sheng-Ci	Chinese Taipei	2009	110.09	<b>108.5</b>	08.05.2024	Hong Kong / Hong Kong	
<b>DEADLIFT</b>								
-43kg	Akshaya P	India	2006	42.90	<b>123.0</b>	02.05.2023	Alappuzha / India	
-47kg	Krishna V K Anjana	India	2006	45.46	<b>142.5</b>	24.08.2023	Cluj Napoca / Romania	
-52kg	Huang Hui-Chuan	Chinese Taipei	1996	51.49	<b>162.5</b>	27.04.2014	Quzon / Philippines	
-57kg	Priya D Harini	India	2004	56.25	<b>167.5</b>	19.06.2022	Coimbatore / India	
-63kg	Kao Yu-Chen	Chinese Taipei	2005	61.97	<b>165.0</b>	29.06.2023	Hong Kong / China	
-69kg	Varshini S. Amritha	India	2005	67.10	<b>157.5</b>	20.06.2022	Coimbatore / India	
-76kg	Sneha Gharami	India	2006	75.40	<b>170.0</b>	05.05.2023	Alappuzha / India	
-84kg	Skvortsova Yekaterina	Kazakhstan	2001	83.24	<b>160.0</b>	24.04.2019	Hong Kong / Hong Kong	
84+kg	Su Sheng-Ci	Chinese Taipei	2009	110.09	<b>183.0</b>	08.05.2024	Hong Kong / Hong Kong	
<b>TOTAL</b>								
-43kg	Jheng Ya-Syuan	Chinese Taipei	1999	42.20	<b>302.5</b>	02.05.2017	Soreang / Indonesia	
-47kg	Tabuan Jessa Mae	Philippines	2002	45.91	<b>347.5</b>	26.08.2019	Regina / Canada	
-52kg	Huang Hui-Chuan	Chinese Taipei	1996	51.49	<b>400.0</b>	27.04.2014	Quzon / Philippines	
-57kg	Priya D Harini	India	2004	56.25	<b>427.5</b>	19.06.2022	Coimbatore / India	
-63kg	Karimova Amina	Kazakhstan	2005	61.34	<b>452.5</b>	25.08.2023	Cluj Napoca / Romania	
-69kg	Qiu Zi-En	Chinese Taipei	2006	63.55	<b>415.5</b>	07.05.2024	Hong Kong / Hong Kong	
-76kg	Sneha Gharami	India	2006	75.40	<b>425.0</b>	05.05.2023	Alappuzha / India	
-84kg	Skvortsova Yekaterina	Kazakhstan	2001	83.24	<b>520.0</b>	24.04.2019	Hong Kong / Hong Kong	
84+kg	Gu Sin-Wei	Chinese Taipei	2006	121.14	<b>541.0</b>	29.06.2023	Hong Kong / China	
<b>BENCH PRESS (SINGLE LIFT)</b>								
-43kg	Popova Kristina	Kazakhstan	2001	42.90	<b>67.5</b>	25.05.2017	Kaunas / Lithuania	
-47kg	Popova Kristina	Kazakhstan	2001	46.65	<b>82.5</b>	26.04.2018	Potchefstroom / South Africa	
-52kg	Karimova Dilyra	Kazakhstan	1998	95.00	<b>95.0</b>	29.08.2016	Szczyrk / Poland	
-57kg	Dyachenko Taissiya	Kazakhstan	2000	56.40	<b>120.0</b>	25.05.2017	Kaunas / Lithuania	
-63kg	Sovetova Tamiris	Kazakhstan	2002	61.70	<b>125.0</b>	07.09.2019	Ulaanbaatar / Mongolia	
-69kg	Nuridin Aiken	Kazakhstan	2007	68.35	<b>97.5</b>	30.05.2024	Austin, TX / U.S.America	
-76kg	Jumabayeva Barno	Kazakhstan	2007	75.00	<b>112.5</b>	29.12.2021	Istanbul / Turkiye	

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-84kg	Nikolayeva Alevtina	Kazakhstan	1998	82.90	<b>100.0</b>	13.09.2014	Bishkek / Kyrgyzstan
84+kg	Meier Regina	Kazakhstan	1999	92.30	<b>135.0</b>	25.05.2017	Kaunas / Lithuania

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Abbreviation: \* – Pending Approval