

World Open Women's Classic Records

Last update: 23 Jun 2024, 20:13 UTC

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-47kg	Chapon Tiffany	France	2001	46.80	165.5	15.06.2024	Druskinkai / Lithuania	
-52kg	Dekkers Pleun	Netherlands	1994	51.65	175.5	16.06.2024	Druskininkai / Lithuania	
-57kg	Jacob Jade	France	2001	56.57	188.0	10.02.2024	Sheffield / Great Britain	
-63kg	Bavoil Prescillia	France	1993	62.60	213.0	24.09.2022	Birmingham / Great Britain	
-69kg	Bavoil Prescillia	France	1993	66.46	225.0	10.02.2024	Sheffield / Great Britain	
-76kg	Tongotea Karlina	New Zealand	1992	75.60	230.5	10.02.2024	Sheffield / Great Britain	
-84kg	Lawrence Amanda	U.S.America	1997	83.51	249.5	10.02.2024	Sheffield / Great Britain	
84+kg	Muluh Sonita Kyen	Belgium	1996	128.95	311.0	23.06.2024	Druskininkai / Lithuania	
BENCH PRESS								
-47kg	Chapon Tiffany	France	2001	46.77	100.0	10.02.2024	Sheffield / Great Britain	
-52kg	Ramberg Selma	Norway	2001	51.45	113.5	05.12.2021	Vesteros / Sweden	
-57kg	Berglund Donna	Sweden	1997	56.75	123.0	07.06.2022	Sun City / South Africa	
-63kg	Garra Carola	Italy	1994	62.65	143.5	24.09.2022	Birmingham / Great Britain	
-69kg	Sitko Agata	Poland	2002	68.90	154.0	10.02.2024	Sheffield / Great Britain	
-76kg	Sitko Agata	Poland	2002	75.30	155.5	21.06.2024	Druskininkai / Lithuania	
-84kg	Sitko Agata	Poland	2002	77.85	147.5	04.09.2022	Istanbul / Turkiye	
84+kg	Jones Alexis	U.S.America	2000	134.80	167.0	23.06.2024	Druskininkai / Lithuania	
DEADLIFT								
-47kg	Connor Heather	U.S.America	1991	46.45	200.0	11.06.2023	St. Julians / Malta	
-52kg	Farid Farhanna	Singapore	1992	51.60	209.0	16.06.2024	Druskininkai / Lithuania	
-57kg	Jacob Jade	France	2001	56.57	231.5	10.02.2024	Sheffield / Great Britain	
-63kg	Namani Joy	Great Britain	1992	60.25	231.5	18.06.2024	Druskininkai / Lithuania	
-69kg	Sitko Agata	Poland	2002	68.90	248.5	10.02.2024	Sheffield / Great Britain	
-76kg	Buettner Jessica	Canada	1995	75.25	261.5	09.06.2022	Sun City / South Africa	
-84kg	Lawrence Amanda	U.S.America	1997	83.40	268.5	25.03.2023	Sheffield / Great Britain	
84+kg	Laalaa Natalie	Australia	1995	139.85	273.0	23.06.2024	Druskininkai / Lithuania	
TOTAL								
-47kg	Chapon Tiffany	France	2001	46.80	433.0	15.06.2024	Druskinkai / Lithuania	
-52kg	Corrigan Evie	New Zealand	1996	51.85	481.0	10.02.2024	Sheffield / Great Britain	
-57kg	Jacob Jade	France	2001	56.57	519.5	10.02.2024	Sheffield / Great Britain	
-63kg	Garra Carola	Italy	1994	62.90	557.5	13.06.2023	St. Julians / Malta	
-69kg	Sitko Agata	Poland	2002	68.90	600.0	10.02.2024	Sheffield / Great Britain	
-76kg	Sitko Agata	Poland	2002	75.30	613.0	21.06.2024	Druskininkai / Lithuania	
-84kg	Lawrence Amanda	U.S.America	1997	83.51	647.0	10.02.2024	Sheffield / Great Britain	
84+kg	Muluh Sonita Kyen	Belgium	1996	128.95	731.0	23.06.2024	Druskininkai / Lithuania	
BENCH PRESS (SINGLE LIFT)								
-47kg	Kobayashi Naoko	Japan	1970	46.32	103.0	20.05.2019	Tokyo / Japan	
-52kg	Ramberg Selma	Norway	2001	51.32	114.0	28.05.2022	Almaty / Kazakhstan	
-57kg	Rykun Anna	Ukraine	1998	56.90	123.5	04.08.2022	Budapest / Hungary	
-63kg	Thompson Jennifer	U.S.America	1973	62.65	144.0	18.05.2018	Vantaa / Finland	
-69kg	Sitko Agata	Poland	2002	68.90	154.0	10.02.2024	Sheffield / Great Britain	
-76kg	Sitko Agata	Poland	2002	75.30	155.5	21.06.2024	Druskininkai / Lithuania	
-84kg	Protchenko Liudmila	Russia	1986	84.00	155.5	23.11.2021	Ekaterinburg / Russia	
84+kg	Jones Alexis	U.S.America	2000	134.80	167.0	23.06.2024	Druskininkai / Lithuania	

Abbreviation: * – Pending Approval