

**Asian / Pacific / African Men's Equipped Bench Press Championships**

**Potchefstroom / South Africa, 6 – 13 July, 2024**

**Division «Open»**

| #             | Name                | Born | Team         | BP    |
|---------------|---------------------|------|--------------|-------|
| <b>-74kg</b>  |                     |      |              |       |
| 1.            | Ionin Yakov         | 1986 | Kazakhstan   | 230.0 |
| <b>-93kg</b>  |                     |      |              |       |
| 1.            | Yemchenko Alexander | 1990 | Kazakhstan   | 250.0 |
| <b>-105kg</b> |                     |      |              |       |
| 1.            | Horiguchi Yosuke    | 1993 | Japan        | 275.0 |
| <b>-120kg</b> |                     |      |              |       |
| 1.            | Altaibaev Andrey    | 1972 | Kazakhstan   | 250.0 |
| 2.            | Masson Craig        | 1981 | South Africa | 226.0 |
| 3.            | Turysbekov Askar    | 1991 | Kazakhstan   | 220.0 |
| <b>120+kg</b> |                     |      |              |       |
| 1.            | Breetzke Simon      | 1978 | South Africa | 265.0 |
| 2.            | Crain John          | 1969 | South Africa | 222.5 |

**In Division there are 8 Lifters**

**Division «Subjuniors»**

| #            | Name           | Born | Team         | BP    |
|--------------|----------------|------|--------------|-------|
| <b>-59kg</b> |                |      |              |       |
| 1.           | Lazarek Denis  | ?    | Kazakhstan   | 85.0  |
| <b>-66kg</b> |                |      |              |       |
| 1.           | Melnikov Pyotr | 2007 | Kazakhstan   | 110.0 |
| 2.           | Botha Ferde    | 2006 | South Africa | 105.0 |

**In Division there are 3 Lifters**

**Division «Juniors»**

| #             | Name              | Born | Team       | BP    |
|---------------|-------------------|------|------------|-------|
| 3.            | Zharmenov Timur   | 2005 | Kazakhstan | 95.0  |
| <b>-93kg</b>  |                   |      |            |       |
| 1.            | Kim Dmitriy       | 2002 | Kazakhstan | 135.0 |
| <b>-120kg</b> |                   |      |            |       |
| 1.            | Altaybayev Andrey | 2003 | Kazakhstan | 170.0 |

**In Division there are 3 Lifters**

**Division «Masters I»**

| #             | Name            | Born | Team       | BP    |
|---------------|-----------------|------|------------|-------|
| <b>-93kg</b>  |                 |      |            |       |
| 1.            | Zharmenov Denis | 1978 | Kazakhstan | 115.0 |
| <b>-120kg</b> |                 |      |            |       |
| 1.            | Tao Feng        | 1978 | China      | 170.0 |
| <b>120+kg</b> |                 |      |            |       |
| 1.            | Adnan Muhammad  | 1983 | Pakistan   | 200.0 |

**In Division there are 3 Lifters**

**Division «Masters II»**

| #             | Name           | Born | Team  | BP    |
|---------------|----------------|------|-------|-------|
| <b>-105kg</b> |                |      |       |       |
| 1.            | Kanchan Vijaya | 1968 | India | 220.0 |

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|                                      |                  |      |                    |
|--------------------------------------|------------------|------|--------------------|
| <b>-120kg</b>                        |                  |      |                    |
| 1.                                   | de Beer Hermanus | 1970 | South Africa 175.0 |
| <b>In Total there are 19 Lifters</b> |                  |      |                    |