

Asian / Pacific / African Women's Equipped Powerlifting Championships

Potchefstroom / South Africa, 6 – 13 July, 2024

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Sohail Sybil	1991	Pakistan	90.0	35.0	90.0	215.0
-57kg							
1.	Lin Zi-Xuan	1991	Chinese Taipei	177.5	90.0	167.5	435.0
-84kg							
1.	Sohail Twinkle	1996	Pakistan	120.0	60.0	120.0	300.0
84+kg							
1.	Shen Ti-Ni	2000	Chinese Taipei	230.0	107.5	190.0	527.5
-69kg							
1.	de Wet Laura	1974	South Africa	190.0	90.5	187.5	468.0

In Division there are 5 Lifters

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Gu Dong-Le	2007	Chinese Taipei	125.0	75.0	132.5	332.5
84+kg							
1.	Gu Sin-Wei	2006	Chinese Taipei	267.5	100.0	175.0	542.5
-69kg							
1.	Mulder Chante	2006	South Africa	140.0	90.0	140.0	370.0
-76kg							
1.	Maree Anika	2006	South Africa	130.0	77.5	100.0	307.5

In Division there are 4 Lifters

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	D Bhagat Amruta	2001	India	117.5	60.0	125.0	302.5
-57kg							
1.	Sohail Veronika	2002	Pakistan	100.0	45.0	100.0	245.0

In Division there are 2 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Anthony Carol	1966	South Africa	115.0	52.5	122.5	290.0
-63kg							
1.	van Linge Marieke	1972	South Africa	120.5	52.5	138.0	311.0

In Division there are 2 Lifters

Division «Masters III»

#	Name	Born	Team	SQ	BP	DL	Total
2.	Ip Wing-Yuk	1961	Hong Kong	100.0	60.0	100.0	260.0
-69kg							
1.	Leighton Heather	1964	South Africa	95.0	65.0	105.5	265.5

In Total there are 15 Lifters