

European Women's Open, Junior, Subjunior Equipped Powerlifting Championships

Hamm / Luxembourg, 7 – 12 May, 2024

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Bila Tetiana	1996	Ukraine	180.0	120.0	175.0	475.0
2.	Szymanel Paulina	1995	Poland	167.5	97.5	175.0	440.0
3.	Hansen Lisette	1989	Denmark	160.5	90.0	166.5	417.0
4.	Stroe Daniela	1999	Romania	105.0	65.0	130.0	300.0
-52kg							
1.	Derevianko Anastasiia	1987	Ukraine	185.0	120.0	182.5	487.5
2.	Maepea Gerlyn	1993	Estonia	152.5	130.0	150.0	432.5
3.	Quignaudon Sandrine	1991	Sweden	167.5	95.0	162.5	425.0
4.	Klein Sarah	1988	Germany	147.5	85.0	185.0	415.0
5.	Buxbom Eva	1969	Denmark	157.5	67.5	162.5	375.0
6.	Dumitrescu Stefana	1988	Romania	132.5	67.5	150.0	350.0
7.	Glowala Olga	1986	Poland	120.0	50.0	125.0	295.0
-57kg							
1.	Cernigliaro Alessandra	1995	Italy	212.5	132.5	190.0	535.0
2.	Kula Zuzanna	1999	Poland	180.0	161.0	172.5	513.5
3.	Mancini Sabrina	1994	Italy	200.0	112.5	195.0	507.5
4.	Steel Ellie	1991	Great Britain	192.5	140.0	170.0	502.5
5.	Bartonkova Blanka	1995	Czechia	192.5	112.5	185.0	490.0
6.	Moszynska Karolina	1986	Germany	195.0	122.5	175.0	485.0
7.	Shchavinska Tetiana	1996	Ukraine	185.0	132.5	160.0	477.5
8.	Goodwin Emma	1987	Great Britain	180.0	92.5	192.5	465.0
9.	Vasilescu Andreea	1991	Romania	180.0	100.0	167.5	447.5
10.	Kirilova Margarita	1997	Bulgaria	150.0	105.0	170.0	425.0
-63kg							
1.	Soloviova Larysa	1978	Ukraine	237.5	157.5	205.0	600.0
2.	Finnern Emily	2000	Germany	220.0	152.5	172.5	540.0
3.	Lulova Radostina	1993	Bulgaria	225.0	105.0	205.0	535.0
4.	Viehauser Ruth	1988	Austria	213.0	107.5	200.0	520.5
5.	Pituelli Emilia	1998	Italy	190.0	100.0	205.0	495.0
6.	Elder Lauren	1989	Great Britain	202.5	95.0	195.0	492.5
7.	Darmon Melodie	1997	France	187.5	112.5	180.0	480.0
8.	Hart Lucy	1995	Great Britain	200.0	107.5	160.0	467.5
9.	Anthouard Melodie	1988	France	185.0	130.0	145.0	460.0
10.	Pajaczkowska Paulina	2000	Poland	170.0	82.5	178.0	430.5
-84kg							
1.	Rusanenko Daria	2001	Ukraine	278.0	147.5	215.0	640.5
2.	Soerlie Heranger Anna	1992	Norway	260.0	155.0	220.0	635.0
3.	Timmers Ankie	1986	Luxembourg	220.0	190.0	215.0	625.0
4.	Hille Arnesen Heidi	1970	Norway	255.0	152.5	210.0	617.5
5.	Andersen Karen Thrige	2000	Denmark	275.0	112.5	207.5	595.0
6.	Civetta Christie	1992	Great Britain	238.0	142.5	202.5	583.0
7.	Aaberg Jane	1981	Denmark	225.0	115.0	235.0	565.0
8.	Kamlund Sofia	1990	Sweden	225.0	142.5	195.0	562.5
9.	von Gleichen Valerie	1992	Germany	190.5	90.0	205.0	485.5

84+kg

1.	Jonsdottir Soley	2001	Iceland	270.0	182.5	207.5	660.0
2.	Sweatman Katrina	1985	Great Britain	250.0	200.0	195.0	645.0
3.	Zahoruiko Valentyna	1992	Ukraine	270.0	155.0	212.5	637.5
4.	Kolata Karolina	1999	Poland	190.0	180.5	170.0	540.5
5.	Kostiuk Viktoriia	2000	Ukraine	205.0	115.0	175.0	495.0
6.	Zielinska Anna	1993	Poland	195.0	105.0	180.0	480.0

-69kg

1.	Bryans Holly	1994	Great Britain	232.5	155.0	200.0	587.5
2.	Johansen Jenny Marie	1989	Norway	230.0	140.0	212.5	582.5
3.	Silberzahn Cathrin	1988	Germany	240.0	145.0	207.5	580.0
4.	Tjelta Marthe	1999	Norway	205.0	146.0	187.5	538.5
5.	Schlagbauer Lisa	1996	Germany	207.5	115.0	207.5	530.0
6.	Bak Kathrine	1981	Denmark	177.5	112.5	235.0	517.5
7.	Jurado Alba	1993	Luxembourg	25.0	25.0	25.0	75.0

-76kg

1.	Krueger Sonja Stefanie	1999	Germany	280.5	195.5	202.5	663.0
2.	Elverum Marte	1990	Norway	253.0	145.0	254.0	652.0
3.	Wik Frida	1991	Sweden	217.5	155.0	200.0	572.5
4.	Kaljula Karmen	1994	Estonia	200.0	160.0	205.0	565.0
5.	Muliar Kateryna	2002	Ukraine	230.0	132.5	202.5	565.0
6.	Broxtermann Katja	1986	Germany	230.0	150.0	185.0	565.0
7.	Cowell Kimberley	1988	Great Britain	200.0	132.5	170.0	502.5

In Division there are 60 Lifters

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
-43kg							
1.	Idczak Karolina	2007	Poland	125.0	52.5	130.5	308.0
-47kg							
1.	Viljanen Fanni	2006	Finland	92.5	45.0	110.0	247.5
2.	Zhyla Yana	2007	Ukraine	100.0	37.5	100.0	237.5
3.	Znojek Zuzanna	2008	Poland	87.5	45.0	92.5	225.0
4.	Oproiu Ana Maria	2007	Romania	87.5	45.0	85.0	217.5
5.	Lapaityte Sonata	2006	Lithuania	70.0	40.0	80.0	190.0
-52kg							
1.	Del Fabro Alice	2006	Italy	160.0	80.0	142.5	382.5
2.	Rajewska Natasza	2006	Poland	135.0	70.0	140.0	345.0
3.	Olentyr Anastasiia	2008	Ukraine	130.0	75.0	135.0	340.0
4.	Todorescu Bianca	2006	Romania	125.0	85.0	122.5	332.5
-57kg							
1.	Dziedzok Sandra	2007	Poland	150.0	77.5	130.0	357.5
2.	Honkonen Emma	2006	Finland	120.0	72.5	125.0	317.5
3.	Zwierzycka Aleksandra	2007	Poland	100.0	60.0	125.0	285.0
4.	Milatova Karolina	2006	Slovakia	25.0	25.0	25.0	75.0
-63kg							
1.	Zbandut Mariia	2008	Ukraine	203.0	112.5	157.5	473.0
2.	Stanko Sofia	2006	Ukraine	187.5	126.0	142.5	456.0
3.	Kopola Ninni	2007	Finland	152.5	90.0	135.0	377.5

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4.	Majewska Zuzanna	2007	Poland	100.0	45.0	112.5	257.5
-84kg							
1.	Laurinaviciute Reda	2007	Lithuania	150.0	75.0	170.0	395.0
2.	Tatum Katie	2006	Great Britain	110.0	95.0	120.0	325.0
3.	Kliestikova Julia	2006	Slovakia	25.0	25.0	25.0	75.0
-69kg							
1.	Fursenko Rehina	2006	Ukraine	150.0	92.5	140.0	382.5
2.	Besant Gracie	2007	Great Britain	130.0	77.5	163.0	370.5
3.	Narva Essi	2009	Finland	135.0	90.0	135.0	360.0
4.	Korpi Nelli	2007	Finland	130.0	72.5	130.0	332.5
-76kg							
1.	Holinei Ivanna	2007	Ukraine	200.0	125.0	170.0	495.0
2.	Rozhyk Sofia	2008	Ukraine	125.0	80.0	127.5	332.5

In Division there are 27 Lifters

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
-43kg							
1.	Sukhodieieva Oksana	2001	Ukraine	127.5	80.0	110.0	317.5
2.	Ulianyk Khrystyna	2005	Ukraine	110.0	50.0	100.0	260.0
-47kg							
1.	Polianska Mariia	2003	Ukraine	162.5	80.0	145.0	387.5
2.	Zamfirescu Alexandra	2001	Romania	90.0	47.5	105.0	240.0
-52kg							
1.	Muzychenko Tetiana	2005	Ukraine	140.0	75.0	130.0	345.0
-57kg							
1.	Maha Nataliia	2001	Ukraine	152.5	90.0	147.5	390.0
2.	Palosaari Eerika	2005	Finland	127.5	103.0	142.5	373.0
3.	Cazacu Alexandra	2003	Romania	147.5	60.0	142.5	350.0
4.	Weydert Emma	2004	Luxembourg	107.5	57.5	135.0	300.0
-63kg							
1.	Raiha Sofia	2001	Finland	192.5	125.0	180.0	495.0
2.	Aas Emma Elise	2003	Norway	177.5	90.0	187.5	455.0
3.	Bzdyr Sofia	2003	Ukraine	147.5	70.0	120.0	337.5
-84kg							
1.	Haspel Klara	2004	Germany	225.0	122.5	175.0	522.5
2.	Nitz Paula	2003	Austria	197.5	105.0	162.5	465.0
3.	Shergold Emily	2002	Great Britain	185.0	100.0	155.0	440.0
4.	Nikohosian Alina	2005	Ukraine	180.0	110.0	140.0	430.0
5.	Lampela Rosanna	2004	Finland	25.0	25.0	25.0	75.0
6.	Lapsanska Olivia	2003	Slovakia	25.0	25.0	25.0	75.0
84+kg							
1.	Lierhagen Tuva	2003	Norway	250.5	150.0	207.5	608.0
2.	Hinz Lara	2004	Germany	247.5	162.5	200.0	600.0
3.	Slizova Patricia	2001	Slovakia	210.0	127.5	165.0	502.5
-69kg							
1.	Havnen Yasmina Juliette	2003	Norway	210.0	120.0	185.0	515.0
2.	Salazar Droegé Laura Isabel	2001	Austria	215.0	107.5	188.0	510.5
3.	Bordiuh Veronika	2003	Ukraine	185.0	130.0	180.0	495.0

-76kg

1.	Bilicka Julia	2002	Poland	180.0	95.0	200.0	475.0
2.	Borshch Oleksandra	2004	Ukraine	200.0	80.0	185.0	465.0
3.	Wojtowicz Natalia	2001	Poland	185.0	95.0	180.0	460.0
4.	Schoepf Desiree	2003	Austria	150.0	87.5	182.5	420.0
5.	Mikomagi Eliise	2003	Estonia	25.0	25.0	25.0	75.0

In Total there are 116 Lifters