

European Women's Master Equipped Powerlifting Championships

Hamm / Luxembourg, 1 – 4 May, 2024

The List of Teams

Austria {The Team in Total: 3}

Lifters: 1

1. Klotz Christian	M	Masters 1	-105kg
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Team Members: 2

1. Zangerle Sabine	✓	Cat.I	
2. Wetekam Dominic			✓ Head Coach

Belgium {The Team in Total: 11}

Lifters: 4

1. Michiels Wendy	F	Masters 2	-69kg
2. Laethem Rob	M	Masters 1	-105kg
3. Daineffe Anne	F	Masters 1	-63kg
4. Compagnie Kathleen	F	Masters 1	-69kg

Team Members: 7

1. Remy Roger	✓	Cat.I Reg.	
2. Laenen Sven			✓ Coach
3. Dhaeseleer Yarni			✓ Coach
4. de Strijcker Joeri			✓ Coach
5. Vanhee Emmerik			✓ Coach
6. Terryn Maarten			✓ Coach
7. de Ro Jean-Marc			✓ Coach

Czechia {The Team in Total: 13}

Lifters: 7

1. Heto Jan	M	Masters 2	-105kg
2. Rada Karel	M	Masters 2	-105kg
3. Mlejnkova Petra	F	Masters 2	-57kg
4. Fiserova Vera	F	Masters 2	-76kg
5. Patocka Vaclav	M	Masters 1	-93kg
6. Krcek Michal	M	Masters 1	-105kg
7. Spingl Milan	M	Masters 1	120+kg

Team Members: 6

1. Vesely Ivan	✓	Cat.I	
2. Slanicka Petr			✓ Head Coach
3. Spingl Milan			✓ Coach
4. Kocourek David			✓ Coach
5. Brizova Veronika			✓ Coach
6. Mlejnak Stanislav			✓ Coach

Denmark {The Team in Total: 20}

Lifters: 10

1. Terragni John	M	Masters 4	-74kg
2. Hansen Kim Dahl	M	Masters 2	-83kg
3. Vorup Stephan	M	Masters 2	-120kg
4. Rasmussen Joergen Michael	M	Masters 2	-120kg

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5.	Veedfald Linda	F	Masters 2	-69kg
6.	Dam-Nielsen Jan	M	Masters 1	120+kg
7.	Tovgaard Mia	F	Masters 1	-47kg
8.	Lieb Nina	F	Masters 1	-63kg
9.	Andersen Lena Kruuse Skovby	F	Masters 1	-69kg
10.	Jensen Nora Bjerregaard	F	Masters 1	-76kg

Team Members: 10

1.	Olsen Ole	✓	Cat.I	
2.	Andersen Lena	✓	Assistant Coach - Athlete [NFR]	
3.	Jensen Nora	✓	Assistant Coach - Athlete [NFR]	
4.	Terragni John	✓	Assistant Coach - Athlete [NFR]	
5.	Vorup Stephen	✓	Assistant Coach - Athlete [NFR]	
6.	Hansen Kim Dahl	✓	Assistant Coach - Athlete [NFR]	
7.	Rasmussen Jorgen Michael	✓	Assistant Coach - Athlete [NFR]	
8.	Buxbom Eva	✓	Head Coach	
9.	Flensborg Mickel	✓	Coach	
10.	Tovgaard Casper	✓	Assistant Coach	

Estonia {The Team in Total: 8}

Lifters: 4

1.	Abner Kalju	M	Masters 2	-93kg
2.	Koovit Gert	M	Masters 2	120+kg
3.	Nahkur Silver	M	Masters 1	-83kg
4.	Parna Tarmo	M	Masters 1	120+kg

Team Members: 4

1.	Leesmann Kaido	✓	Head Coach	
2.	Parna Tarmo	✓	Coach	
3.	Abner Kalju	✓	Assistant Coach	
4.	Nahkur Silver	✓	Assistant Coach	

Finland {The Team in Total: 27}

Lifters: 14

1.	Hietanen Ismo	M	Masters 3	-74kg
2.	Huovinen Rami	M	Masters 3	-83kg
3.	Niskanen Jari	M	Masters 3	-105kg
4.	Laitala Tapani	M	Masters 3	-120kg
5.	Hartikainen Vesa	M	Masters 2	-83kg
6.	Nousiainen Petteri	M	Masters 2	-93kg
7.	Wasenius Kaj	M	Masters 2	-105kg
8.	Johansson Lauri	M	Masters 2	-120kg
9.	Honka Nina	F	Masters 2	-57kg
10.	Joutsela Sanna	F	Masters 2	-69kg
11.	Kahkonen William	M	Masters 1	-93kg
12.	Tiensuu Mikko	M	Masters 1	-120kg
13.	Hakala Janne	M	Masters 1	120+kg
14.	Makinen Nina	F	Masters 1	-69kg

Team Members: 13

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1. Hyttinen Tero	✓ Cat.I	✓ EPF Official
2. Johansson Mia		✓ Assistant Coach
3. Makinen Nina		✓ Assistant Coach
4. Huovinen Rami		✓ Assistant Coach
5. Hietanen Ismo		✓ Assistant Coach
6. Tiensuu Maria		✓ Assistant Coach
7. Maattanen Pekka		✓ Assistant Coach
8. Kilpelainen Jaana		✓ Assistant Coach
9. Hakala Janne		✓ Assistant Coach
10. Joutsela Sanna		✓ Assistant Coach
11. Laasonen Marjut		✓ Assistant Coach
12. Nousiainen Petteri		✓ Assistant Coach
13. Thenhart Thorsten		✓ Assistant Coach

France {The Team in Total: 18}

Lifters: 8

1. Courtois Philippe	M Masters 3	-74kg
2. Parfait Martine	F Masters 3	-57kg
3. Jouveaux Franck	M Masters 2	-66kg
4. Mercier Charly	M Masters 2	-105kg
5. Bar Eric	M Masters 2	-120kg
6. Verlaine Geraldine	F Masters 2	-52kg
7. Descours Veronique	F Masters 2	-63kg
8. Leccese Florence	F Masters 2	-69kg

Team Members: 10

1. Feraud Nathalie	✓ Cat.I	✓ Head Coach
2. Bernard Michael	✓ Cat.II	✓ Coach
3. Peeters Andre		✓ Coach
4. Leccese Gianna		✓ Coach
5. Simon Antoine		✓ Coach
6. Bar Jonathan		✓ Coach
7. Courtois Florence		✓ Coach
8. Jouveaux Franck		✓ Assistant Coach
9. Mercier Charly		✓ Assistant Coach
10. Courtois Philippe		✓ Assistant Coach

Germany {The Team in Total: 34}

Lifters: 20

1. Luedecke Guenter	M Masters 4	-83kg
2. Waidmann Gustav	M Masters 4	-93kg
3. Katzula Reiner	M Masters 4	-120kg
4. Schulze Thomas	M Masters 3	-66kg
5. Hampel Rolf	M Masters 3	-83kg
6. Leister Peter	M Masters 3	-83kg
7. Haensicke Peer	M Masters 3	-93kg
8. Cech Klaus	M Masters 3	-105kg
9. Smolczyk Jan	M Masters 2	-83kg
10. Nieland Guido	M Masters 2	-93kg
11. Hampel Sybille	F Masters 2	-76kg

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12.	Kienast Sebastian	M	Masters 1	-83kg
13.	Ullerich Rene	M	Masters 1	-93kg
14.	Grapp Mykola	M	Masters 1	-105kg
15.	Kropf Norbert	M	Masters 1	-105kg
16.	Lange Sven	M	Masters 1	-120kg
17.	Leffers Thomas	M	Masters 1	-120kg
18.	Neitzel Ira	F	Masters 1	-52kg
19.	Rehagel Verena	F	Masters 1	-76kg
20.	Polster Rosina	F	Masters 1	-76kg

Team Members: 14

1.	Polster Marc	✓	Cat.I	
2.	Polster Rosina	✓	Cat.I	
3.	Hampel Rolf	✓		Head Coach
4.	Polster Marc	✓		Assistant Coach
5.	Fassmann Lukas	✓		Assistant Coach
6.	Boehme Jonas	✓		Assistant Coach
7.	Schnurr Mario	✓		Assistant Coach
8.	Klinger Beate	✓		Assistant Coach
9.	Smolczyk Jonte	✓		Assistant Coach
10.	Haase Hannes	✓		Assistant Coach
11.	Fortwengel Henning	✓		Assistant Coach
12.	Thenhardt Thorsten	✓		Assistant Coach
13.	Raapke Christian	✓		Assistant Coach
14.	Shevchenko Stanislav	✓		Assistant Coach

Great Britain {The Team in Total: 52}

Lifters: 24

1.	Macrow Stanley	M	Masters 4	-74kg
2.	Mahima-Singh Bolla	M	Masters 4	-83kg
3.	Jane Kevin	M	Masters 4	-93kg
4.	Ottolangui Allen	M	Masters 3	-74kg
5.	Sugarman Grant	M	Masters 3	-83kg
6.	d'Gama Douglas	M	Masters 3	-83kg
7.	Mutrie James	M	Masters 3	-105kg
8.	Hunter Jennifer	F	Masters 3	-52kg
9.	Blasbery Jacqueline	F	Masters 3	84+kg
10.	McGurk Bernard	M	Masters 2	-74kg
11.	Cheema Jasvinder Singh	M	Masters 2	-83kg
12.	Simon Scott	M	Masters 2	-120kg
13.	Rodney Allison	F	Masters 2	-57kg
14.	Shergold Rita	F	Masters 2	-63kg
15.	Sherwood Jenni	F	Masters 2	-84kg
16.	Westbrook Denise	F	Masters 2	84+kg
17.	Gordon Catherine	F	Masters 2	-76kg
18.	Wall Melissa	F	Masters 2	-76kg
19.	Hunter Nash	M	Masters 1	-74kg
20.	Fletcher Kevin	M	Masters 1	-74kg
21.	Hinchelwood Amber	F	Masters 1	-57kg
22.	Salter Gemma	F	Masters 1	-57kg

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23.	Burroughs Catherine	F	Masters 1	-84kg
24.	Jordan Faye	F	Masters 1	-69kg

Team Members: 28

1.	Jane Kevin	✓	Cat.I	
2.	Brand Michelle	✓	Cat.I	
3.	Bux Amina	✓	Nat.	
4.	Ellender Michael	✓	Cat.I	✓ Head Coach
5.	Butt Jeff	✓	Cat.II	✓ Coach
6.	Foran Paul			✓ Coach
7.	Brincat-Smith James			✓ Coach
8.	Burroughs Catherine			✓ Coach
9.	Jordan Faye			✓ Assistant Coach
10.	Hunter Nash			✓ Assistant Coach
11.	Hamson John			✓ Assistant Coach
12.	Hinchelwood Amber			✓ Assistant Coach
13.	Coggle Craig			✓ Assistant Coach
14.	Blake Sadie			✓ Assistant Coach
15.	Fletcher Kevin			✓ Assistant Coach
16.	McGurk Bernard			✓ Assistant Coach
17.	Hunter Jennifer			✓ Assistant Coach
18.	Cheema Jasvinder			✓ Assistant Coach
19.	Ottolangui Allen			✓ Coach
20.	Shergold Rita			✓ Assistant Coach
21.	d'Gama Doug			✓ Assistant Coach
22.	Rodney Andy			✓ Assistant Coach
23.	Salter Gemma			✓ Assistant Coach
24.	Simon Scott			✓ Assistant Coach
25.	Wall Steve			✓ Assistant Coach
26.	Westbrook Denise			✓ Assistant Coach
27.	Rodney Allison			✓ Assistant Coach
28.	Sherwood Jennifer			✓ Assistant Coach

Iceland {The Team in Total: 2}

Lifters: 1

1.	Gudmundsson Saemundur	M	Masters 4	-83kg
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Team Members: 1

1.	Andresson Kristleifur	✓	Cat.II	
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Italy {The Team in Total: 16}

Lifters: 7

1.	Giummarra Franco	M	Masters 4	-59kg
2.	Ravazzola Claudio	M	Masters 2	-74kg
3.	Borgatti Elena	F	Masters 2	-47kg
4.	Stucchi Manuela	F	Masters 2	-52kg
5.	Corradini Lorenzo	M	Masters 1	-74kg
6.	Razzauti Lorenzo	M	Masters 1	-83kg
7.	Gubernati Michela	F	Masters 1	-69kg

Team Members: 9

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1. Giusti Ivano	✓ Cat.I	✓ Coach
2. Milani Diego		✓ Coach
3. Sala Franco		✓ Coach
4. Carniel Simone		✓ Coach
5. Chiattelli Valerio		✓ Coach
6. Carresi Chiara		✓ Assistant Coach
7. Razzauti Federico		✓ Assistant Coach
8. Beretta Donatella		✓ Assistant Coach
9. Perego Nicoletta		✓ Assistant Coach

Lithuania {The Team in Total: 6}

Lifters: 3

1. Baublys Vidmantas	M Masters 2	-66kg
2. Vidziuniene Giedre	F Masters 2	-84kg
3. Kairaityte Ilona	F Masters 1	-76kg

Team Members: 3

1. Simokaitis Rimantas	✓ Coach
2. Vidziuniene Giedre	✓ Assistant Coach
3. Baublys Vidmantas	✓ Assistant Coach

Luxembourg {The Team in Total: 4}

Lifters: 1

1. Notschaele Mark	M Masters 3	-120kg
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Team Members: 3

1. Demuth-Jentgen Pierrette	✓ Cat.I	
2. Parage Gaston	✓ Cat.I	✓ IPF Official
3. Hammang Alain		✓ Head Coach

Netherlands {The Team in Total: 2}

Lifters: 1

1. Bevers Wim	M Masters 3	-93kg
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Team Members: 1

1. Steenberghe Mitchel	✓ Coach
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Norway {The Team in Total: 16}

Lifters: 11

1. Valentinsen Sigve	M Masters 3	-93kg
2. Andersen Ronny	M Masters 3	120+kg
3. Stavheim Gro-Berit	F Masters 3	-69kg
4. Einarsen Lene	F Masters 3	-76kg
5. Adnanes Ole Andreas	M Masters 2	-93kg
6. Thorsen Thorleif	M Masters 2	120+kg
7. Berntsen Hege	F Masters 2	-84kg
8. Vojacek Roy	M Masters 1	-74kg
9. Hopen Yngve	M Masters 1	-74kg
10. Eriksen Seim Eirik Andreas	M Masters 1	-120kg
11. Berge Hege	F Masters 1	-63kg

Team Members: 5

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- | | | |
|----------------------|---------|-------------------|
| 1. Berge Hege | ✓ Nat. | |
| 2. Astad Bjorn | ✓ Cat.I | ✓ EPF Official |
| 3. Aas Marthe Stavik | | ✓ Head Coach |
| 4. Solberg Paal | | ✓ Assistant Coach |
| 5. Bjelland Cathrine | | ✓ Assistant Coach |

Poland {The Team in Total: 3}

Lifters: 1

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|----------------------|-------------|-------|
| 1. Kowalik Katarzyna | F Masters 2 | -63kg |
|----------------------|-------------|-------|

Team Members: 2

- | | | |
|--------------------|--|-------------------|
| 1. Leski Grzegorz | | ✓ Coach |
| 2. Kowalik Mikolaj | | ✓ Assistant Coach |

Romania {The Team in Total: 3}

Lifters: 1

- | | | |
|----------------|-------------|-------|
| 1. Olah Lucica | F Masters 3 | -63kg |
|----------------|-------------|-------|

Team Members: 2

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|-------------------|----------|---------|
| 1. Olah Lucica | ✓ Cat.II | |
| 2. Patru Valentin | | ✓ Coach |

Slovakia {The Team in Total: 11}

Lifters: 6

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|---------------------|-------------|--------|
| 1. Kolsovsky Stefan | M Masters 3 | -59kg |
| 2. Mihok Anton | M Masters 3 | -74kg |
| 3. Cintula Martin | M Masters 1 | -74kg |
| 4. Majerech Michal | M Masters 1 | -93kg |
| 5. Csano Csaba | M Masters 1 | -105kg |
| 6. Rehak Pavol | M Masters 1 | -105kg |

Team Members: 5

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|--------------------|---------|--------------|
| 1. Gajdos Vladimir | ✓ Cat.I | |
| 2. Beer Monika | | ✓ Coach |
| 3. Beer Marian | | ✓ Coach |
| 4. Varchola Pavol | | ✓ Head Coach |
| 5. Sedivy Mario | | ✓ Coach |

South Africa {The Team in Total: 1}

Team Members: 1

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|-----------------|---------|----------------|
| 1. Smith Hannie | ✓ Cat.I | ✓ IPF Official |
|-----------------|---------|----------------|

Sweden {The Team in Total: 15}

Lifters: 7

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|----------------------|-------------|--------|
| 1. Berg Tomas | M Masters 3 | -83kg |
| 2. Ring Tomas | M Masters 3 | -83kg |
| 3. Hoglander Lars | M Masters 3 | -105kg |
| 4. Gustavsson Thomas | M Masters 2 | -83kg |
| 5. Izindre Annelie | F Masters 2 | -63kg |
| 6. Johansson Ulrika | F Masters 2 | -76kg |
| 7. Andersson Roger | M Masters 1 | -105kg |

Team Members: 8

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|----------------------|---------|-------------------|
| 1. Gustavsson Tomas | ✓ Cat.I | |
| 2. Ring Tomas | | ✓ Head Coach |
| 3. Hopp Rudiger | | ✓ Coach |
| 4. Hoglander Lars | | ✓ Assistant Coach |
| 5. Viinika Risto | | ✓ Assistant Coach |
| 6. Folkesson Mikael | | ✓ Assistant Coach |
| 7. Gustavsson Thomas | | ✓ Assistant Coach |
| 8. Jansson Fredrik | | ✓ Assistant Coach |

Summary Table

Number of Lifters	European Women's Master Equipped Powerlifting Championships	46
	European Men's Master Equipped Powerlifting Championships	85
Persons as ...	Referee	15
	Representative	110
	Referee & Representative	9
All Together		265