

**African Women's Classic Bench Press Championships****Potchefstroom / South Africa, 30 November – 4 December, 2021****Division «Open»**

#	Name	Born	Team	BP
<b>-84kg</b>				
1.	Henriette Audrey Aboueme Ndeme	1991	Cameroon	105.0
<b>84+kg</b>				
1.	Christelle Aimerance Fokem Fofe	1987	Cameroon	120.0
2.	De Jager Christi	1986	South Africa	102.5
<b>-69kg</b>				
1.	Bouba Salamatou	1991	Cameroon	115.0
<b>-76kg</b>				
1.	Svongwa Audrey	1985	Zimbabwe	70.0
<b>In Division there are 5 Lifters</b>				

**Division «Subjuniors»**

#	Name	Born	Team	BP
<b>-57kg</b>				
1.	Grefen Aimee	2003	South Africa	47.5
<b>-63kg</b>				
1.	Ferreira Anika	2004	South Africa	57.5
<b>-69kg</b>				
1.	Groenewald Heike	2004	South Africa	57.5
<b>In Division there are 3 Lifters</b>				

**Division «Juniors»**

#	Name	Born	Team	BP
<b>-63kg</b>				
1.	Marie Annabelle Akissi Diaha	2003	Ivory Coast	60.0
<b>-84kg</b>				
1.	Qilingele Mbasu	2001	South Africa	75.0
<b>-69kg</b>				
1.	Yolande Nguenkam	1998	Cameroon	80.0
<b>In Division there are 3 Lifters</b>				

**Division «Masters I»**

#	Name	Born	Team	BP
<b>-63kg</b>				
1.	Garber Sorah	1981	South Africa	87.5
<b>-69kg</b>				
1.	Longhurst Monica	1980	South Africa	80.0
<b>In Division there are 2 Lifters</b>				

**Division «Masters II»**

#	Name	Born	Team	BP
<b>-57kg</b>				
1.	Crain Zohra	1969	South Africa	45.0

**In Division there is 1 Lifter****Division «Masters III»**

#	Name	Born	Team	BP
2.	Sinclair Miriam	1958	South Africa	55.0

**In Total there are 15 Lifters**