African Women's Equipped Powerlifting Championships Potchefstroom / South Africa, 30 November – 4 December, 2021

	• • • • • •						
#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Kriel Antoinette	1971	South Africa	114.0	80.5	161.0	355.5
-63kg							
1.	De Wet Mijuane	2006	South Africa	162.5	80.0	155.0	397.5
2.	Leighton Megan	1996	South Africa	125.0	100.0	142.5	367.5
84+kg							
1.	De Jager Christi	1986	South Africa	205.0	165.0	180.0	550.0
2.	Steyn Kay-Lee	1994	South Africa	202.5	105.0	180.0	487.5
-69kg							
1.	Bouba Salamatou	1991	Cameroon	180.0	130.0	190.0	500.0
		In Division there are 6 Lifters					

In Division there are 6 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Barry Elisabeth	1973	South Africa	105.0	42.5	110.0	257.5
-69kg							
1.	Lessing Vanessa	1978	South Africa	122.5	80.0	152.5	355.0
				In Division there are 2 Lifters			

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total	
-52kg								
1.	Anthony Carol	1966	South Africa	123.0	55.0	127.5	305.5	
				In Total there are 9 Lifters				