African Women's Classic Powerlifting Championships

Potchefstroom / South Africa, 30 November − 4 December, 2021

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Payne Sasha	1995	South Africa	130.0	85.0	150.0	365.0
-63kg							
1.	Da Silva Daniella	1997	South Africa	140.0	60.0	157.5	357.5
2.	Kouri Safia	1974	Algeria	150.0	60.0	145.0	355.0
3.	Cupp Nicole	1992	South Africa	117.5	65.0	152.5	335.0
4.	Molife Juliet	2003	Zimbabwe	100.0	40.0	120.0	260.0
-84kg							
1.	Henriette Audrey Aboueme Ndeme	1991	Cameroon	200.0	105.0	207.5	512.5
2.	Engelbrecht Elmarie	1985	South Africa	140.0	80.0	175.0	395.0
84+kg							
1.	Christelle Aimerance Fokem Fofe	1987	Cameroon	175.0	120.0	180.0	475.0
2.	Steyn Kay-Lee	1994	South Africa	190.5	75.0	165.0	430.5
3.	Nohoua Laurence Sekongo	1996	Ivory Coast	140.0	60.0	170.0	370.0
-69kg							
1.	Bouba Salamatou	1991	Cameroon	160.0	115.0	170.0	445.0
2.	Guerai Chaimae	1992	Morocco	140.0	70.0	190.0	400.0
3.	Mashonganyika Maude	1988	Zimbabwe	160.0	70.0	170.0	400.0
4.	Beyl Kimberley	1993	South Africa	122.5	70.0	165.0	357.5
-76kg							
1.	Tatar Zahra	1992	Algeria	140.0	60.0	190.0	390.0
2.	Oosthuizen Bianca	1997	South Africa	140.0	70.0	175.0	385.0
3.	Perotti Olivia	1989	South Africa	148.0	75.0	157.5	380.5
4.	Svongwa Audrey	1985	Zimbabwe	100.0	70.0	140.0	310.0

In Division there are 18 Lifters

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Grefen Aimee	2003	South Africa	100.0	47.5	127.5	275.0
-63kg							
1.	De Wet Mijuane	2006	South Africa	135.0	60.0	145.0	340.0
2.	Vermaak Ance	2003	South Africa	110.0	57.5	127.5	295.0
84+kg							
1.	Brown Colleen	2003	South Africa	122.5	60.0	150.0	332.5
-69kg							
1.	Groenewald Heike	2004	South Africa	95.0	57.5	127.5	280.0
2.	Mottalini Gaia	2004	South Africa	105.0	57.5	117.5	280.0

In Division there are 6 Lifters

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Mundell Alexandra	1999	South Africa	100.0	71.0	158.0	329.0

-63kg

1.	Marie Annabelle Akissi Diaha	2003	Ivory Coast	120.0	70.0	140.0	330.0

-69kg

1.	Nguenkam Yolande	1998	Cameroon	160.0	80.0	160.0	400.0
2.	Poxon Caitlin	2000	South Africa	120.0	68.0	150.0	338.0
3.	Coetsee Tyla	1999	South Africa	105.0	65.5	112.5	283.0

In Division there are 5 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Barry Elisabeth	1973	South Africa	82.5	37.5	115.0	235.0
-63kg							
1.	Garber Sorah	1981	South Africa	133.5	87.5	160.0	381.0
-84kg							
1.	Pretorius Patty-Johanita	1978	South Africa	135.0	80.0	162.5	377.5
84+kg							
1.	Moloele Phokwane	1977	South Africa	145.0	85.0	170.0	400.0
-69kg							
1.	Longhurst Monica	1980	South Africa	117.5	80.0	117.5	315.0
-76kg							
1.	Ngwenya Zanele	1979	South Africa	120.0	65.0	150.0	335.0
2.	Poxon Jodi	1975	South Africa	115.0	65.0	140.0	320.0

In Division there are 7 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Kaka Christine	1968	South Africa	92.5	47.5	102.5	242.5
-63kg							
1.	Kriel Antoinette	1971	South Africa	114.0	80.5	161.0	355.5

In Division there are 2 Lifters

Division «Masters III»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Sinclair Miriam	1958	South Africa	82.5	55.0	120.0	257.5

In Total there are 39 Lifters