

**Asian Women's Equipped Bench Press Championships****Hong Kong / Hong Kong, China, 8 – 12 October, 2025****Division «Open»**

#	Name	Born	Team	BP
<b>-47kg</b>				
1.	Zadorina Iana	1982	Neutral Athlete	120.0
<b>-52kg</b>				
1.	Sitdikova Aigul	1989	Neutral Athlete	171.0
<b>-57kg</b>				
1.	Kolesnik Daniela	1999	Neutral Athlete	155.0
2.	Lorenz Anastasia	1985	Neutral Athlete	152.5
<b>-63kg</b>				
1.	Lomatskaia Daria	2001	Neutral Athlete	175.0
2.	Luk Ching Yu	1993	Hong Kong, China	95.0
<b>-84kg</b>				
1.	Sindikis Nadezhda	1986	Neutral Athlete	185.0
2.	Bermukhambetova Zhadyra	1986	Kazakhstan	180.0
<b>84+kg</b>				
1.	Zhumasheva Olga	1989	Kazakhstan	142.5
2.	Chan Sze Hei	1993	Hong Kong, China	65.0
<b>-69kg</b>				
1.	Vasileva Anna	2001	Neutral Athlete	163.0
2.	Wong Ying Chi	1995	Hong Kong, China	60.0
<b>-76kg</b>				
1.	Nemets Ekaterina	1990	Neutral Athlete	173.0

**In Division there are 13 Lifters****Division «Subjuniors»**

#	Name	Born	Team	BP
<b>-47kg</b>				
1.	Gu Dong-Le	2007	Chinese Taipei	77.5
<b>-52kg</b>				
1.	Gafarova Evelina	2007	Neutral Athlete	97.5
<b>-69kg</b>				
1.	Yu Pei-Ying	2008	Chinese Taipei	90.0
<b>-76kg</b>				
1.	Khosroeva Milena	2007	Neutral Athlete	100.0

**In Division there are 4 Lifters****Division «Juniors»**

#	Name	Born	Team	BP
<b>-47kg</b>				
1.	Mnatsakanyan Rima	2002	Neutral Athlete	100.0
2.	Zhurbenko Olga	2006	Neutral Athlete	52.5
<b>-52kg</b>				
1.	Kostrubii Irina	2005	Neutral Athlete	97.5
2.	Podkorytova Veronika	2004	Neutral Athlete	95.0
3.	Najoob Naila	2005	India	50.0
<b>-84kg</b>				
1.	Bykova Tatiana	2005	Neutral Athlete	162.5

**In Division there are 6 Lifters****Division «Masters I»**

#	Name	Born	Team	BP
<b>-47kg</b>				
1.	Koseki Miki	1984	Japan	90.0

**In Division there is 1 Lifter****Division «Masters II»**

#	Name	Born	Team	BP
2.	Sato Mariko	1971	Japan	70.0

**-84kg**

1.	Bai Geetha	1974	India	50.0
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**In Division there are 2 Lifters****Division «Masters III»**

#	Name	Born	Team	BP
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**-47kg**

1.	Wong Amelia Wai Yu	1960	Hong Kong, China	57.0
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**-63kg**

1.	Ip Wing-Yuk	1961	Hong Kong, China	50.0
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**In Total there are 28 Lifters**