

2025 Asian / Pacific / African Men's Classic Bench Press Championships

Himeji / Japan, 6 – 13 July, 2025

Division «Open»

#	Name	Born	Team	BP
-59kg				
1.	Tanaka Reo	1998	Japan	172.5
-66kg				
1.	Goto Mahiro	2000	Japan	170.0
2.	Vo Steven	1996	Australia	150.0
3.	Qiu Tian	1992	China	140.0
4.	Izadi Yazdanabadi Mohammadmahdi	2001	Iran	135.0
-74kg				
1.	Yokoyama Kosei	1996	Japan	240.0
2.	Ionin Yakov	1986	Kazakhstan	185.0
3.	Gombo Ganganjivaa	1987	Mongolia	185.0
4.	Lee Kiho	1989	South Korea	150.0
5.	Torrevillas Zachary	1996	Australia	142.5
-83kg				
1.	Kodama Daiki	1979	Japan	231.5
2.	Daido Yuki	1994	Japan	210.0
3.	Yudchenko Sergey	1996	Kazakhstan	205.0
4.	Chiba Mitsunori	1986	Australia	186.5
5.	Browne Mitchell	2000	Australia	152.5
-93kg				
1.	Yemchenko Alexandr	1990	Kazakhstan	212.5
2.	Nakamura Seiya	1996	Japan	212.5
3.	Kerr-Phillips Richard	1990	New Zealand	180.0
4.	Jenkins Alan	1996	Australia	172.5
-105kg				
1.	Hasegawa Naoki	1992	Japan	225.0
-120kg				
1.	Toyoshima Yasuhiro	1992	Japan	245.0
120+kg				
1.	Altaibaev Andrey	1972	Kazakhstan	200.0
2.	Kishan Amit	1994	India	182.5

In Division there are 23 Lifters

Division «Subjuniors»

#	Name	Born	Team	BP
-59kg				
1.	Tsuneishi Itto	2008	Japan	132.5
-66kg				
1.	Yamashita Naoki	2008	Japan	92.5
-74kg				
1.	Okayama Sora	2008	Japan	160.5
-83kg				
1.	Hokugo Ryo	2007	Japan	120.0
-93kg				

1. Fulop Szethyn	2007	South Africa	135.0
-120kg			
1. Suleimenov Timur	2008	Kazakhstan	105.0
In Division there are 6 Lifters			

Division «Juniors»

#	Name	Born	Team	BP
-66kg				
1. Jaziri Youssef	2002	Australia	130.5	
-74kg				
1. Inubushi Ryuichi	2004	Japan	167.5	
2. Lazarek Alexandr	2006	Kazakhstan	90.0	
-83kg				
1. Watanabe Shinnosuke	2002	Japan	172.5	
2. Tsagaris Dimitri	2002	Australia	165.0	
3. Sriramulu Vikram	2004	India	160.0	
4. Goto Yusei	2002	Japan	157.5	
-93kg				
1. Tserenlkham Iderbayar	2003	Mongolia	150.0	
2. Bollipo Samuel	2003	Australia	142.5	
-105kg				
1. Matsui Shinsuke	2003	Japan	170.0	
-120kg				
1. Luo James	2002	Australia	185.0	
2. Matsuoka Tokio	2003	Japan	172.5	
120+kg				
1. Yee Johann Robin	2002	Philippines	145.0	
In Division there are 13 Lifters				

Division «Masters I»

#	Name	Born	Team	BP
-66kg				
1. Kanaya Masahisa	1985	Japan	160.0	
2. Dehghan Jamaladdin	1982	Iran	130.0	
-74kg				
1. Harishchandra Pawar Dinesh	1980	India	120.0	
2. Singh Rawat Uttam	1984	India	120.0	
-83kg				
1. Takagi Atsushi	1983	Japan	172.5	
2. Batmunkh Bulgankhangai	1985	Mongolia	172.5	
3. Takahashi Toshihiro	1980	Japan	165.0	
-93kg				
1. Ito Masahide	1982	Japan	197.5	
2. Sexton Craig	1981	New Zealand	152.5	
-105kg				
1. Nagae Tatsuru	1985	Japan	195.0	
2. Hashimoto Koji	1976	Japan	185.0	
-120kg				
1. Kamiya Hidetaka	1978	Japan	185.0	
2. Miyamoto Yoshiyuki	1978	Japan	180.0	

120+kg

1. Das Kuntal	1984	India	170.0
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In Division there are 14 Lifters

Division «Masters II»

#	Name	Born	Team	BP
-59kg				
1.	Arai Hidenori	1970	Japan	127.5
-66kg				
1.	Oba Takatoshi	1973	Japan	167.5
-74kg				
1.	Moriyama Tetsuo	1971	Japan	167.5
-83kg				
1.	Kushino Shigeki	1973	Japan	180.0
2.	Fujimoto Yoshikazu	1974	Japan	177.5
-105kg				
1.	Kassai Masahiko	1971	Japan	223.0
-120kg				
1.	Ito Satoshi	1966	Japan	195.0
120+kg				
1.	Ishii Takatoshi	1973	Japan	210.0

In Division there are 8 Lifters

Division «Masters III»

#	Name	Born	Team	BP
-59kg				
1.	Miura Hiroshi	1964	Japan	120.0
-66kg				
1.	Maeta Masami	1964	Japan	132.5
-74kg				
1.	Ohashi Kaoru	1965	Japan	152.5
2.	Purev Bayar	1958	Mongolia	122.5
-83kg				
1.	Karube Toshihiro	1965	Japan	167.5
2.	Tanita Shin	1962	Japan	157.5
-93kg				
1.	Tanabe Shinji	1963	Japan	150.0
-105kg				
1.	Araki Hiroshige	1964	Japan	160.0
-120kg				
1.	Wada Kohei	1964	Japan	205.0

In Division there are 9 Lifters

Division «Masters IV»

#	Name	Born	Team	BP
-59kg				
1.	Shirakawa Takeshi	1948	Japan	107.5
2.	Kitamura Hiroyuki	1954	Japan	95.0
-83kg				
1.	Urano Yutaka	1954	Japan	117.5

-93kg				
1.	Suyama Toshihiro	1954	Japan	156.0
In Total there are 77 Lifters				