

## 2025 Asian / Pacific / African Women's Classic Powerlifting Championships

Himeji / Japan, 6 – 13 July, 2025

### Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Ray Sweta	1998	India	132.5	70.0	152.5	355.0
2.	Kani Rie	1979	Japan	127.5	80.0	147.5	355.0
3.	Gonzalvo Angela Aura	1997	Philippines	125.5	65.0	150.0	340.5
4.	Ta Melissa	2000	New Zealand	115.0	73.0	150.0	330.5
5.	Chandrashekhar Tapadia Tanvi	1987	India	100.0	57.5	140.0	297.5
<b>-52kg</b>							
1.	Craven Elizabeth	1975	Australia	149.0	85.0	184.0	418.0
2.	Lin Jingwen	1999	China	135.0	82.5	165.0	382.5
3.	Takekawa Yu	1995	Japan	130.0	80.0	160.0	370.0
4.	Fang Hui-Ling	1989	Chinese Taipei	130.0	72.5	165.0	367.5
5.	Lee Shu Wei	2000	Malaysia	140.0	77.5	150.0	367.5
6.	Ong Siew Chan Kelly	1999	Singapore	125.0	77.0	157.5	359.5
7.	Nuwaboot Nattacha	1994	Thailand	127.5	65.0	155.0	347.5
8.	Peh Jolyn Jia Lyn	1989	Singapore	130.0	60.0	155.0	345.0
9.	Decock Charlotte	2000	Thailand	112.5	70.0	158.0	340.5
10.	Sannay Khairunnadya	1996	Brunei	112.5	70.0	142.5	325.0
11.	Li Min	1993	China	70.0	50.0	130.0	250.0
<b>-57kg</b>							
1.	Kratz Samantha	1995	Australia	160.0	87.5	177.5	425.0
2.	Jennings Catherine	1992	New Zealand	157.5	85.0	177.5	415.0
3.	Hsieh Kai-Hsuan	1996	Chinese Taipei	158.0	75.0	170.0	403.0
4.	Kamilla Inez Devina Insan	1997	Indonesia	145.0	85.0	170.0	400.0
5.	Rai Parekh Nami	1990	India	145.0	75.0	175.0	395.0
6.	Murray Amanda	1988	New Zealand	142.5	68.5	167.5	377.5
7.	Kim Songhee	1995	South Korea	130.0	82.5	147.5	360.0
8.	Liew Hui Wen	1994	Malaysia	100.0	62.5	137.5	295.0
9.	Jeong Younglim	2001	South Korea	97.5	52.5	132.5	282.5
<b>-63kg</b>							
1.	Tiong Natalie	1991	Singapore	160.0	82.5	205.0	447.5
2.	Zheng Xiaoxuan	1998	China	175.0	92.5	155.0	422.5
3.	Hamada Yuho	1997	Japan	160.0	100.0	160.0	420.0
4.	Hurndell Gillian	1990	New Zealand	155.5	93.0	170.5	419.0
5.	Hung Hsiu-Ching	1995	Chinese Taipei	150.0	82.5	185.0	417.5
6.	Nursaidah Amirah	1987	Malaysia	155.0	72.5	165.0	392.5
7.	Samosir Anggi Mareta	1996	Indonesia	135.0	60.0	185.0	380.0
8.	Ong Yi Syuen	1996	Singapore	122.5	65.0	180.0	367.5
9.	Zhou Yiqian	1994	China	127.5	67.5	150.0	345.0
10.	Nurazifah Pg Ali Siti	1994	Brunei	120.0	50.0	150.0	320.0
11.	Bat-Ulzii Munguntuya	1994	Mongolia	100.0	45.0	135.0	280.0
<b>-84kg</b>							
1.	Matsuda Miyu	1999	Japan	200.0	112.5	195.0	507.5
2.	Batgerel Maral	1997	Mongolia	180.0	87.5	200.0	467.5
3.	Stilwell Amanda	1988	New Zealand	150.0	82.5	195.0	427.5

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4.	Widjaja Sarah	1994	Singapore	140.0	88.5	185.0	418.5
5.	Atmadikoesoemah Safira Audria	2000	Indonesia	130.0	110.0	155.0	395.0
6.	Peng Jin	1994	China	140.0	80.0	125.0	345.0
7.	Nitharshika Kumaran	1991	Sri Lanka	125.0	62.5	145.0	332.5

**84+kg**

1.	Ropata Riria	1989	New Zealand	233.0	130.5	242.5	606.0
2.	Kamoto Emi	1995	Japan	211.0	100.5	165.0	476.5
3.	Lin Yu-Cin	1994	Chinese Taipei	180.0	80.0	211.0	471.0
4.	Amran Nur Nadhirah	1997	Singapore	170.0	102.5	191.0	463.5
5.	Hirst-Thynne Eloise	1999	New Zealand	165.0	87.5	167.5	417.5
6.	E.a.d. Nayodya Epitawala	1998	Sri Lanka	145.0	70.0	152.5	367.5

**-69kg**

1.	Nomura Yu	2000	Japan	173.0	102.0	211.5	486.5
2.	Khwang Hayley	1997	Singapore	158.0	95.0	170.0	423.0
3.	Su Chia-Ju	1997	Chinese Taipei	166.0	60.0	150.0	375.0

**-76kg**

1.	Lai Karen	1994	New Zealand	172.5	102.5	185.0	455.0
2.	Vrigitte Princess Elona	2001	Japan	175.0	100.0	165.0	440.0
3.	Xie Thuy Tien	1995	Singapore	172.5	75.0	175.0	422.5
4.	Agarwal Ayushi	1995	India	165.0	85.0	167.5	417.5
5.	Yao Yuerong	2001	China	160.0	80.0	170.0	410.0

**In Division there are 57 Lifters**

**Division «Subjuniors»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Gu Dong-Le	2007	Chinese Taipei	110.0	52.5	130.0	292.5
<b>-52kg</b>							
1.	Harper Maddi	2009	Australia	110.0	75.0	140.0	325.0
2.	Someya Shion	2007	Japan	107.5	75.0	117.5	300.0
<b>-63kg</b>							
1.	Lee Jia Rong Pixel	2007	Singapore	100.0	56.0	125.0	281.0
2.	Sato Miu	2008	Japan	100.0	42.5	107.5	250.0
3.	Chen Anqi	2007	China	85.0	40.0	100.0	225.0
<b>84+kg</b>							
1.	Su Sheng-Ci	2009	Chinese Taipei	210.0	80.0	180.0	470.0
2.	Warylo Mikaela	2007	Australia	160.0	87.5	152.5	400.0
<b>-69kg</b>							
1.	Yu Pei-Ying	2008	Chinese Taipei	155.0	60.0	120.0	335.0
2.	Morgan Natahlia	2007	New Zealand	117.5	66.0	137.5	317.5
3.	Eirdina Binte Azmi Harithah	2007	Singapore	110.0	47.5	125.0	282.5
<b>-76kg</b>							
1.	Konishi Mao	2009	Japan	102.5	52.5	120.0	275.0
2.	Mellet Kobie	2008	South Africa	87.5	42.5	177.5	247.5

**In Division there are 13 Lifters**

**Division «Juniors»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-43kg</b>							

1.	Lim Qin Wei	2003	Singapore	90.0	65.0	112.5	267.5
<b>-47kg</b>							
1.	Tan Faith Suzanna	2003	Singapore	105.0	55.0	163.0	323.0
<b>-52kg</b>							
1.	Aprily Sifra	2002	New Zealand	117.5	62.5	155.0	355.0
2.	Kawahara Miu	2002	Japan	105.0	65.0	125.0	295.0
<b>-57kg</b>							
1.	Tang Chloe	2005	Singapore	152.5	77.5	165.0	395.0
2.	Low Lin Xuan Glenda	2002	Singapore	120.0	72.5	155.0	347.5
3.	Inoue Makoto	2005	Japan	117.5	72.5	132.5	322.5
4.	Iura Nana	2004	Japan	120.0	52.5	137.5	310.0
<b>-63kg</b>							
1.	Yee Yue Ning	2004	Singapore	137.5	62.5	162.5	362.5
2.	Hmone Nanthar Htut	2004	Singapore	125.0	72.5	160.0	357.5
3.	Kida Mako	2002	Japan	130.0	75.0	150.0	355.0
4.	Wang Yu-Fang	2002	Chinese Taipei	120.0	72.5	145.0	337.5
5.	Jannatinnisa Humaira	2002	Indonesia	115.0	85.0	130.0	330.0
6.	Snyman Karlia	2002	South Africa	105.0	55.0	127.5	287.5
<b>84+kg</b>							
1.	Alatas Binte Syed Idris Sharifah Jenna	2004	Singapore	168.0	70.0	180.0	418.0
2.	Sato Risa	2003	Japan	153.0	72.5	175.5	401.0
3.	Ashwin Desai Devika	2006	India	120.0	52.5	130.0	302.5
<b>-69kg</b>							
1.	Taylor Zali	2003	New Zealand	152.5	90.0	180.0	417.5
2.	Komiya Elena	2004	Japan	110.0	80.0	125.0	315.0
<b>-76kg</b>							
1.	Tulona Tashbihun Noor	2003	Bangladesh	130.0	62.5	155.0	347.5

**In Division there are 20 Lifters**

**Division «Masters I»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Chien Ya-Lan	1984	Chinese Taipei	97.5	50.0	125.0	272.5
2.	Kelkar Varsha	1978	India	100.0	50.0	112.5	262.5
3.	Yasutomi Fumiko	1983	Japan	80.0	52.5	105.0	237.5
<b>-52kg</b>							
1.	Pham Thao	1983	Australia	112.5	65.0	150.0	327.5
2.	Bartolo Natalie	1981	Australia	110.0	72.5	140.0	325.0
3.	Neeta Mehta	1977	India	102.0	57.5	125.0	284.5
4.	Huang Chih-Ying	1979	Chinese Taipei	85.0	35.0	112.5	232.5
<b>-57kg</b>							
1.	Murayama Eri	1979	Japan	145.5	72.5	162.5	380.5
2.	Ong Berni	1982	Singapore	115.0	73.0	152.5	340.5
3.	Frank Helen	1978	Australia	125.0	75.0	137.5	337.5
4.	Wu Chia-Chuan	1979	Chinese Taipei	135.0	62.5	127.5	325.0
5.	Kim Yumin	1984	South Korea	120.0	62.5	132.5	315.0
<b>-63kg</b>							
1.	Trovato Meaghan	1979	Australia	125.0	85.0	162.5	382.5
2.	Honda Mayumi	1984	Japan	130.0	75.0	150.0	355.0

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3.	Tan Sze Yin Saudi	1980	Singapore	123.0	60.0	160.0	343.0
4.	Wu Pei-Shan	1985	Chinese Taipei	107.5	50.0	135.0	292.5
5.	Chang Chiao-Lin	1979	Chinese Taipei	110.0	45.0	120.0	275.0
<b>-84kg</b>							
1.	Banu Kazi Gulshan	1978	India	157.5	72.5	187.5	417.5
2.	Gowda Annette	1984	India	150.0	75.0	152.5	377.5
3.	R.a.d. Nadeeka Hemanthi	1984	Sri Lanka	110.0	52.5	150.0	312.5
4.	Mori Chiemi	1983	Japan	115.0	57.5	110.0	282.5
<b>84+kg</b>							
1.	Teahuru Ngaraka	1980	New Zealand	160.0	77.5	200.0	430.0
2.	Abdul Razak Rozana	1981	Singapore	125.0	60.0	185.0	370.0
<b>-69kg</b>							
1.	Dillen Carolina	1983	New Zealand	173.0	95.5	200.0	468.5
2.	Ajay Deepa	1979	India	150.0	85.0	170.0	405.0
3.	Shiga Madoka	1984	Japan	145.0	77.5	140.0	362.5
4.	Ogawa Akiko	1980	Japan	132.5	67.5	142.5	342.5
5.	Norliyana Binte Jumahat	1983	Singapore	100.0	52.5	130.0	282.5
6.	Chen Hsi-Yu	1981	Chinese Taipei	90.0	55.0	122.5	267.5
<b>-76kg</b>							
1.	Mayani Hemant Kamble	1983	India	155.0	80.0	170.0	405.0
2.	Tsai Yi-Chiao	1983	Chinese Taipei	152.5	62.5	145.0	360.0
3.	Kobayashi Kazusa	1983	Japan	125.0	72.5	153.5	351.0
4.	Ng Zhen Wei Wendy	1983	Singapore	117.5	80.0	145.0	342.5

**In Division there are 33 Lifters**

**Division «Masters II»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Yamane Yuko	1974	Japan	102.5	47.5	110.0	260.0
<b>-52kg</b>							
1.	Zhong Wen-Wen	1972	Chinese Taipei	100.0	47.5	120.0	267.5
2.	Khoo Lin Pei Claudia	1975	Singapore	77.5	37.5	105.0	220.0
<b>-57kg</b>							
1.	Yang Fang-Ting	1969	Chinese Taipei	112.5	55.0	117.5	285.0
2.	Sonobe Fumiko	1970	Japan	100.0	50.0	130.0	280.0
3.	Sato Itsu	1971	Japan	90.0	47.5	115.0	252.5
4.	A.p. Kumari Herat	1974	Sri Lanka	75.0	37.5	105.0	217.5
<b>-63kg</b>							
1.	Tanaka Mariko	1974	Japan	142.5	72.5	160.0	375.0
2.	Soto Guzman Sara	1966	Thailand	120.0	62.5	170.0	352.5
3.	Chen Tzu-Chien	1973	Chinese Taipei	125.0	71.5	125.0	321.5
4.	Song Shu-Huei	1973	Chinese Taipei	97.5	47.5	120.0	265.0
<b>-84kg</b>							
1.	Hall Elizabeth	1974	New Zealand	165.0	77.5	160.0	402.5
2.	Maeda Miyuki	1973	Japan	150.0	72.5	140.0	352.5
<b>84+kg</b>							
1.	Powers Hope	1967	Australia	150.0	77.5	150.0	377.5
2.	Mishra Ranjita	1969	India	140.0	72.5	160.0	372.5
<b>-69kg</b>							

1.	Price Alicia	1970	Australia	132.5	75.0	150.0	357.5
2.	Yao Mei-Ju	1973	Chinese Taipei	120.0	62.5	150.0	332.5

**-76kg**

1.	Dwyer Kylie	1970	Australia	120.0	72.5	172.5	365.0
2.	Fordyce Christina	1974	New Zealand	115.0	82.5	167.5	365.0
3.	Thitithanchayawanich Rattana	1975	Thailand	110.0	62.5	157.5	330.0

**In Division there are 20 Lifters**

**Division «Masters III»**

#	Name	Born	Team	SQ	BP	DL	Total
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**-47kg**

1.	Tsuji Noriko	1964	Japan	107.5	45.0	122.5	275.0
2.	Pascoe Pranee	1958	Thailand	82.5	52.5	126.5	261.5

**-52kg**

1.	Tanaka Shoko	1964	Japan	95.0	57.5	102.5	255.0
2.	Teramura Mika	1962	Japan	85.0	55.0	110.0	250.0

**-57kg**

1.	Jensen Linda	1965	Australia	110.0	70.0	157.5	337.5
2.	Angel Clair	1963	Australia	97.5	55.0	132.5	285.0
3.	Noguchi Mari	1963	Japan	85.0	42.5	132.5	260.0

**-63kg**

1.	Sekiya Megumi	1964	Japan	85.0	45.0	138.0	268.0
2.	Cheam Michelle	1964	Singapore	72.5	41.0	97.5	211.0

**-84kg**

1.	Chipping Tracy	1961	New Zealand	125.0	78.0	161.0	359.5
2.	Takahashi Harumi	1961	Japan	115.0	60.5	130.0	300.5
3.	Sawant Vidya	1960	India	95.0	45.0	110.0	250.0

**-69kg**

1.	Lee Tsai-Wei	1961	Chinese Taipei	105.0	45.0	118.5	268.5
2.	Sato Ayako	1961	Japan	80.0	55.0	110.0	245.0
3.	Ichikawa Ryuko	1958	Japan	85.0	60.0	95.0	240.0

**-76kg**

1.	Condon Carole	1965	Australia	132.0	77.5	157.5	367.0
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**In Division there are 16 Lifters**

**Division «Masters IV»**

#	Name	Born	Team	SQ	BP	DL	Total
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**-52kg**

1.	Muldrock Patricia	1954	New Zealand	75.0	60.0	127.5	262.0
2.	Toews Beulah	1944	Australia	55.0	32.5	77.5	165.0

**-57kg**

1.	Hsieh Chih-Yun	1952	Chinese Taipei	57.5	27.5	65.0	150.0
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**-63kg**

1.	Kato Yoshiko	1952	Japan	60.0	62.5	120.0	242.5
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**-69kg**

1.	Hayashi Hisako	1951	Japan	145.0	75.0	150.0	370.0
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**In Total there are 164 Lifters**