2025 Asian / Pacific / African Men's Equipped Bench Press Championships Himeji / Japan, 6 - 13 July, 2025

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#	Name	Born	Team	ВР
-59kg				
1.	Tamura Yo	1999	Japan	233.5
-66kg				
1.	Fukuda Masashi	1984	Japan	232.5
2.	Izadi	2001	Iran	160.0
	Yazdanabadi Mohammadmahdi			
-74kg				
1.	Kikuchi Yosuke	1995	Japan	272.5
2.	Ionin Yakov	1986	Kazakhstan	220.0
3.	Nitin Kudalkar Sidhant	1998	India	120.0
-83kg				
1.	Kodama Daiki	1979	Japan	310.5
2.	Browne Mitchell	2000	Australia	152.5
-93kg				
1.	Yamashita Yasuki	1991	Japan	320.5
-105kg				
1.	Sato Yuki	1983	Japan	260.0
-120kg				
1.	Kase Satoshi	1991	Japan	302.0
2.	Tao Feng	1978	China	220.0
120+kg	9			
1.	Altaibaev Andrey	1972	Kazakhstan	270.0
2.	Uemura Kazuho	1992	Japan	230.0
			In Division there are	14 Lifters

Division «Subjuniors»

#	Name	Born	Team	ВР
-66kg				
1.	Emura Junichiro	2007	Japan	190.0
-74kg				
1.	Okayama Sora	2008	Japan	208.0
-120kg				
1.	Oyunbaatar Bat-Ireedui	2007	Mongolia	140.0
2.	Suleimenov Timur	2008	Kazakhstan	120.0
120+k	9			
1.	Bayarbat Bat-Orgil	2007	Mongolia	160.0
			In Division the	ere are 5 Lifters

Division «Juniors»

#	Name	Born	Team	ВР
-66kg				
1.	Yamamoto Ryotaro	2006	Japan	137.5
-74kg				
1.	Yashiro Kairu	2005	Japan	177.5
2.	Inagaki Soranosuke	2002	Japan	175.0
3.	Lazarek Alexandr	2006	Kazakhstan	100.0

2002	Japan	205.0
2002	Japan	182.5
2002	Sri Lanka	155.0
2002	Japan	175.0
	In Division th	ere are 8 Lifters
	2002 2002	2002 Japan 2002 Sri Lanka 2002 Japan

Division «Masters I»

# Name	Born	Team	ВР
-59kg			
 Noda Toshihiko 	1979	Japan	217.5
-83kg			
 Yasuda Kazutomi 	1976	Japan	245.0
2. Batmunkh Bulgankhang	ai 1985	Mongolia	235.0
-93kg			
 Nakajima Satoru 	1985	Japan	260.0
-105kg			
1. Ito Hideki	1976	Japan	245.0
2. Iwamoto Kentaro	1977	Japan	207.5
-120kg			
 Mori Masato 	1981	Japan	225.0
120+kg			
1. Kito Hiromoto	1976	Japan	200.0
		In Division the	ere are 8 Lifters

Division «Masters II»

# Name	Born	Team	ВР
-59kg			
 Hamada Naoto 	1967	Japan	150.0
2. Yoshino Koji	1969	Japan	142.5
-74kg			
 Kametani Mitsuo 	1971	Japan	200.0
2. Fujita Shuichi	1972	Japan	162.5
-83kg			
 Kushino Shigeki 	1973	Japan	243.0
2. Olzkhuu Batzorig	1974	Mongolia	110.0
-93kg			
1. Ametani Shigeaki	1967	Japan	180.0
-105kg			
1. Kassai Masahiko	1971	Japan	305.0
-120kg			
1. Ito Satoshi	1966	Japan	247.5
		In Division the	re are 9 Lifters

Division «Masters III»

#	Name	Born	Team	ВР
-59kg				
1.	Okamoto Hiroyuki	1963	Japan	87.5

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-66kg		·		
1.	Mori Takashi	1963	Japan	142.5
-74kg				
1.	Mishima Tadashi	1962	Japan	200.0
-83kg				
1.	Sakai Tomotaka	1957	Japan	152.5
2.	Purev Bayar	1958	Mongolia	137.5
-93kg				
1.	Kitagawa Takeshi	1958	Japan	190.0
-105kg				
1.	Araki Hiroshige	1964	Japan	212.5
2.	Ono Kazuhisa	1962	Japan	207.5
120+kg	I			
1.	Wada Kohei	1964	Japan	285.0
			In Division there are 9	Lifters

Division «Masters IV»

#	Name	Born	Team	ВР
-59kg		,		_
1.	Shirakawa Takeshi	1948	Japan	115.0
2.	Kawakami Kyoji	1950	Japan	112.5
-66kg				
1.	Sekine Takanobu	1955	Japan	127.5
-74kg				
1.	Ichikawa Tsutomu	1947	Japan	140.0
-83kg				
1.	lijima Osamu	1954	Japan	165.0
-93kg				
1.	Hanada Takashi	1953	Japan	85.0

In Total there are 59 Lifters