

## 2025 Asian / Pacific / African Women's Equipped Powerlifting Championships

Himeji / Japan, 6 – 13 July, 2025

### Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Wang Chieh-Ying	1988	Chinese Taipei	145.0	72.5	152.5	370.0
<b>-52kg</b>							
1.	Hsu I-Lan	1991	Chinese Taipei	167.5	100.0	177.5	445.0
2.	Malkova-Solopova Alyona	1998	Kazakhstan	125.0	80.0	125.0	330.0
<b>-57kg</b>							
1.	Chang Hsiu-Ting	1993	Chinese Taipei	155.0	95.0	170.0	420.0
2.	Terada Yukie	1974	Japan	150.0	92.5	135.0	377.5
<b>-63kg</b>							
1.	Andrews Kelly	1989	Australia	162.5	77.5	180.0	420.0
2.	Suzuki Kyoko	1977	Japan	132.5	87.5	147.5	367.5
<b>-84kg</b>							
1.	Dhakad Priya	1995	India	170.0	70.0	140.0	380.0
2.	Nitharshika Kumaran	1991	Sri Lanka	125.0	62.5	145.0	332.5
<b>84+kg</b>							
1.	E.a.d. Nayodya Epitawala	1998	Sri Lanka	145.0	70.0	152.5	367.5
2.	Altaibaeva Marina	1973	Kazakhstan	100.0	60.0	100.0	260.0
<b>-69kg</b>							
1.	Sakata Namiko	1988	Japan	150.0	130.0	160.0	440.0
<b>-76kg</b>							
1.	Lin Hsiang-Chu	1994	Chinese Taipei	237.5	107.5	210.0	555.0

**In Division there are 13 Lifters**

### Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Gu Dong-Le	2007	Chinese Taipei	122.5	81.0	140.0	343.0
<b>-52kg</b>							
1.	Huang An-Le	2008	Chinese Taipei	152.0	77.5	105.0	334.5
2.	Jiang Jing-Yi	2007	Chinese Taipei	130.0	57.5	125.0	312.5
<b>-63kg</b>							
1.	Huang Sin-Ying	2007	Chinese Taipei	135.0	67.5	140.0	342.5

**In Division there are 4 Lifters**

### Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
<b>-57kg</b>							
1.	Liu Zi-Yu	2002	Chinese Taipei	162.5	87.5	135.0	385.0
<b>-63kg</b>							
1.	Kao Yu-Chen	2005	Chinese Taipei	200.0	95.0	172.5	467.5
<b>84+kg</b>							
1.	Li Hsin-Ying	2005	Chinese Taipei	215.0	127.5	192.5	535.0
2.	Gu Sin-Wei	2006	Chinese Taipei	252.5	95.0	175.0	522.5
3.	Ashwin Desai Devika	2006	India	130.0	55.0	135.0	320.0

**In Division there are 5 Lifters**

### Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
<b>-52kg</b>							
1.	Ito Harumi	1978	Japan	140.0	80.0	157.5	377.5
2.	Hsieh Yu-Hsin	1977	Chinese Taipei	82.5	40.0	110.0	232.5
<b>-57kg</b>							
1.	Huang Wei-Chin	1982	Chinese Taipei	82.5	40.0	107.5	230.0
<b>-84kg</b>							
1.	R.a.d. Nadeeka Hemanthi	1984	Sri Lanka	120.0	55.0	155.0	330.0

**In Division there are 4 Lifters**

### Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Yanagisawa Yukiko	1967	Japan	100.0	52.5	107.5	260.0
<b>-57kg</b>							
1.	Nakamura Miyoko	1970	Japan	140.0	82.5	127.5	350.0
<b>-84kg</b>							
1.	Dulamsuren Munkhtsetseg	1975	Mongolia	160.0	90.0	140.0	390.0
<b>84+kg</b>							
1.	Kato Midori	1971	Japan	140.0	65.0	150.0	355.0

**In Division there are 4 Lifters**

### Division «Masters III»

#	Name	Born	Team	SQ	BP	DL	Total
<b>-52kg</b>							
1.	Teramura Mika	1962	Japan	125.0	80.0	127.5	332.5

**In Division there is 1 Lifter**

### Division «Masters IV»

#	Name	Born	Team	SQ	BP	DL	Total
<b>-57kg</b>							
1.	Omori Seiko	1951	Japan	125.0	60.0	120.0	305.0

**In Total there are 32 Lifters**