

19th Pan-American / 22nd North American Regional Women's Classic Powerlifting Championships

Grand Cayman / Cayman Islands, 27 July – 2 August, 2025

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Garcia Karla	1995	Mexico	122.5	70.0	155.0	342.5
2.	Li Ruth	1990	Trinidad and Tobago	125.0	65.0	152.5	342.5
3.	Swasey Alexis	2001	U.S.America	95.0	67.5	147.5	310.0
-52kg							
1.	Patra Arielle	1997	U.S.America	150.0	87.5	167.5	405.0
2.	de Luna Jaquelin	1996	Mexico	137.5	82.5	170.0	390.0
3.	Sim Cristy	2001	Mexico	155.0	75.0	157.5	387.5
4.	Nguyen Catherine	1996	Canada	120.0	77.5	152.5	347.5
-57kg							
1.	Boldon Moriah	1994	U.S.America	165.0	100.0	190.0	455.0
2.	Gayot Monica	1996	Canada	170.0	80.0	192.5	442.5
3.	Padilla Julissa	1997	Mexico	145.0	82.5	157.5	385.0
4.	Nivet Jerneil	1988	Trinidad and Tobago	127.5	72.5	170.0	370.0
5.	de La Torre Monica	1995	Mexico	25.0	25.0	25.0	75.0
-63kg							
1.	Mamane Leah	1990	Canada	170.0	110.0	187.5	467.5
2.	Astorga Allison	1996	Mexico	173.0	97.5	180.0	450.5
3.	Grant Charissa	1996	Trinidad and Tobago	162.5	85.0	202.5	450.0
-84kg							
1.	Robbins Michelle	1997	U.S.America	202.5	142.5	235.0	580.0
2.	Asare Belinda	1992	Canada	187.5	115.0	220.0	522.5
3.	Alleyne Deresay	1993	Trinidad and Tobago	167.5	112.5	217.5	497.5
4.	Duhaney Ayana	1992	Jamaica	165.0	85.0	195.0	445.0
5.	Saunders Tzari	1998	Jamaica	155.0	75.0	170.0	400.0
84+kg							
1.	Padia Zahra	1997	Trinidad and Tobago	230.0	120.0	225.0	575.0
2.	Bishop Aileen	1991	Canada	232.5	110.0	230.0	572.5
3.	Zeigler Nicolette	1994	U.S.America	210.0	117.5	240.0	567.5
4.	Smith Quinell	1994	Trinidad and Tobago	200.0	80.0	212.5	492.5
5.	Loudor Nadine	1982	US Virgin Islands	170.0	105.0	115.0	390.0
-69kg							
1.	Malayter Jacqueline	1998	U.S.America	205.0	130.0	215.0	550.0
2.	Huff Shannon	1993	Canada	188.5	107.0	190.0	485.5
3.	Cameron Leah	1992	Canada	167.5	106.5	195.0	469.0
4.	Smith Joylynne	1989	Belize	150.0	85.0	182.5	417.5
5.	Calderon Carina	1986	Panama	142.5	65.0	160.0	367.5
6.	Waldron Kerneka	2000	Trinidad and Tobago	145.0	50.0	160.0	355.0
7.	Scott Shrona	1989	Jamaica	122.5	70.0	160.0	352.5
-76kg							
1.	Kinney Jessica	2000	U.S.America	192.5	122.5	222.5	537.5
2.	Hunte Kezia	1998	Trinidad and Tobago	180.0	105.0	232.5	517.5
3.	Grzybowski Rashena	1995	Canada	190.0	102.5	212.5	505.0
4.	Mesta Ileana	1993	Mexico	195.0	112.5	195.0	502.5

5. Green Kishon 1998 Jamaica 177.5 70.0 162.5 410.0

In Division there are 37 Lifters

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Castillejo Campos Claris	2008	Colombia	107.5	42.5	130.0	280.0
-52kg							
1.	Haynes Daniella	2008	U.S.America	105.0	52.5	137.5	295.0
2.	Falcone Katie	2008	U.S.America	105.0	50.0	130.0	285.0
3.	de La Cruz Fernanda	2007	Mexico	107.5	42.5	116.0	266.0
-57kg							
1.	Yanez Ailyn	2007	Mexico	150.0	77.5	145.0	372.5
2.	Plourde Katelyn	2008	U.S.America	110.0	77.5	127.5	315.0
3.	Gunkel Kylie	2008	U.S.America	110.0	55.0	125.0	290.0
-63kg							
1.	Azzatori Kennedy	2007	U.S.America	152.5	85.0	147.5	385.0
-84kg							
1.	Boykins Taylor	2008	U.S.America	150.0	72.5	165.0	387.5
-76kg							
1.	Palmer Breanna	2007	U.S.America	170.0	80.0	137.5	387.5
2.	Del Aguila Aracely	2007	U.S.America	142.5	85.0	147.5	375.0
3.	Moreira Melissa	2010	Brazil	116.0	50.0	130.0	296.0

In Division there are 12 Lifters

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Lee Joey	2002	Canada	122.5	62.5	142.5	327.5
2.	Espinoza Abby	2003	Mexico	122.5	55.0	127.5	305.0
-57kg							
1.	Guerrera Eleni	2006	U.S.America	163.0	82.5	188.0	433.5
2.	Puente Dana	2006	Mexico	162.5	100.0	155.0	417.5
3.	Freve Julianne	2005	Canada	147.5	72.5	160.0	380.0
4.	Dai Michelle	2003	Canada	142.5	70.0	157.5	370.0
-63kg							
1.	Shiyuk Madison	2002	Canada	150.0	90.0	188.0	428.0
2.	Barkley Helen	2003	Canada	155.0	85.0	187.5	427.5
3.	Smith Hannah	2003	U.S.America	145.0	90.0	157.5	392.5
4.	Portales Aaliyah	2002	U.S.America	137.5	82.5	165.0	385.0
5.	Persad Pooja	2003	Trinidad and Tobago	100.0	52.5	120.0	272.5
6.	Cascante Destiny	2004	Cayman Islands	60.0	35.0	62.5	157.5
-84kg							
1.	Goykhman Zoe Soleil	2006	U.S.America	160.0	90.0	220.0	470.0
2.	Tustanic Mia	2002	Canada	170.0	92.5	195.0	457.5
3.	Hays Ashleigh	2002	U.S.America	162.5	100.0	182.5	445.0
4.	Brown Anna-Kay	2004	Jamaica	167.5	67.5	172.5	407.5
84+kg							
1.	Soomarie Miranda	2002	Trinidad and Tobago	140.0	65.0	170.0	375.0
-69kg							

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1.	Mendoza Betzaira	2002	Mexico	157.5	77.5	160.0	395.0
-76kg							
1.	Hartmann Juliette	2002	U.S.America	185.0	102.5	220.0	507.5
2.	Delgado Esperanza	2006	U.S.America	200.5	112.5	192.5	505.5
3.	Higden Destiny	2002	Canada	147.5	106.5	175.0	429.0

In Division there are 21 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-63kg							
1.	Akinsanya Morayo	1982	Canada	143.5	75.0	188.0	406.5
2.	Robertson Brooke	1980	Canada	135.0	75.0	170.0	380.0
3.	Lourenco Gisele	1982	Brazil	130.0	70.0	177.5	377.5
4.	Alonzo Rosio	1984	Mexico	135.0	62.5	137.5	335.0
-84kg							
1.	Alberry Lily	1977	Canada	170.0	82.5	157.5	410.0
2.	Atkinson-Reece Rosalee	1976	Jamaica	125.0	70.0	165.0	360.0
84+kg							
1.	Bayntun Kristine	1981	Canada	165.0	102.5	197.5	465.0
2.	Sanchez Rhonda	1982	Trinidad and Tobago	168.0	72.5	167.5	408.0
3.	Dunn Diedre	1980	Jamaica	127.5	67.5	162.5	357.5
-69kg							
1.	Bogdan Linette	1980	U.S.America	147.5	95.0	185.0	427.5
2.	Goldie Gillian	1979	Canada	140.0	75.0	170.0	380.0
3.	Gonzalez Maria	1984	Mexico	142.5	67.5	145.0	355.0
4.	Marins Marcia	1981	Brazil	127.5	72.5	145.0	345.0

-76kg

1.	Arias Tracy	1980	Canada	172.5	70.0	200.0	442.5
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In Division there are 14 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Kwan Theresa	1973	Canada	105.0	60.0	147.5	312.5
-84kg							
1.	Linder Stephanie	1972	U.S.America	152.5	95.0	180.0	427.5
-69kg							
1.	Atkinson Sylvia	1973	Canada	180.5	80.0	196.5	457.0
2.	Browning Cynthia	1970	U.S.America	130.0	97.0	190.0	417.0
-76kg							
1.	Mayo Amelie	1974	Canada	102.5	62.5	198.5	363.5
2.	Fahey Corrinna	1970	Canada	127.5	60.0	145.0	332.5

In Division there are 6 Lifters

Division «Masters III»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Takada Chiaki	1965	U.S.America	97.5	65.0	130.0	292.5
-63kg							
1.	Gibson Susan	1961	U.S.America	82.5	62.5	137.5	282.5

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2. Sharp Alida	1963	Belize	95.0	62.5	122.5	280.0
84+kg						
1. Carriere Nicholle	1960	Canada	122.5	62.5	142.5	327.5
2. Bonneau Susan	1960	Canada	100.0	52.5	107.5	260.0
-76kg						
1. King Pamela	1959	Canada	118.0	75.0	140.0	333.0
In Division there are 6 Lifters						

Division «Masters IV»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Sprang Lois	1949	Trinidad and Tobago	85.0	40.0	120.0	245.0
-63kg							
1.	Brunjes Sharlene	1953	Canada	93.0	42.5	128.0	263.5
-84kg							
1.	Rousseau Linda	1953	Canada	111.5	50.0	120.0	281.5
In Total there are 99 Lifters							