

19th North American Regional Women's Equipped Bench Press Championships
Panama City / Panama, 23 – 25 October, 2025
The List of Teams

Costa Rica {The Team in Total: 2}

Lifters: 1

1. Aguilar Cascante Luis M Open -120kg

Team Members: 1

1. Velasquez Hugo ✓ Cat.I

Puerto Rico {The Team in Total: 2}

Team Members: 2

1. Alvarado Alex ✓ Cat.I
2. Tapia Jannitzzi ✓ Cat.II

Summary Table

Number of Lifters	19th North American Regional Women's Classic Bench Press Championships	0
	19th North American Regional Men's Classic Bench Press Championships	0
	19th North American Regional Women's Equipped Bench Press Championships	0
	19th North American Regional Men's Equipped Bench Press Championships	1
Persons as ...	Referee	3
	Representative	0
	Referee & Representative	0
All Together		4