

2025 European Women's Small Nation Tournament**Hamm / Luxembourg, 28 February – 2 March, 2025****The List of Teams****Andorra {The Team in Total: 2}***Lifters: 2*

- | | | | |
|-------------------|---|------|-------|
| 1. Gryshko Nadiia | F | Open | -84kg |
|-------------------|---|------|-------|

Cyprus {The Team in Total: 31}*Lifters: 26*

- | | | | |
|--------------------------------|---|------|--------|
| 1. Gavriel Panagiotis | M | Open | -66kg |
| 2. Hadjikyriakou Neofytos | M | Open | -74kg |
| 3. Pourpourides Savvas | M | Open | -93kg |
| 4. Strati Tryfon | M | Open | -105kg |
| 5. Leonida Kostas | M | Open | -105kg |
| 6. Valanides Konstantinos | M | Open | -105kg |
| 7. Christodoulou Antreas | M | Open | -120kg |
| 8. Kourtoulou Hansel Kaethe | F | Open | -57kg |
| 9. Marcou Margarita | F | Open | -63kg |
| 10. Kyriacou Artemis | F | Open | -84kg |
| 11. Soboleva Maria | F | Open | 84+kg |
| 12. Petrou Paraskevi | F | Open | -69kg |
| 13. Papakonstantinou Androulla | F | Open | -76kg |

Team Members: 5

- | | | | |
|-------------------------------|---|-------|--------------|
| 1. Christoudias Christos | ✓ | Cat.2 | |
| 2. Papakonstantinou Androulla | ✓ | Cat.2 | |
| 3. Pourpourides Savvas | | | ✓ Head Coach |
| 4. Lappas Chloe | | | ✓ Official |
| 5. Konstantinou Chrisots | | | ✓ Official |

England {The Team in Total: 26}*Lifters: 16*

- | | | | |
|-----------------------------|---|------|--------|
| 1. Eede Conor | M | Open | -66kg |
| 2. Parthipan Raghul | M | Open | -74kg |
| 3. Day Steven | M | Open | -74kg |
| 4. Bernstein Yaron | M | Open | -83kg |
| 5. Batten Jay | M | Open | -93kg |
| 6. Burson Matt | M | Open | -93kg |
| 7. Pountney Andrew | M | Open | -120kg |
| 8. Cleverley Archie | M | Open | 120+kg |
| 9. Davenport Megan | F | Open | -52kg |
| 10. Clay Anna | F | Open | -57kg |
| 11. Matson Hannah | F | Open | -57kg |
| 12. Blundell Serena | F | Open | -63kg |
| 13. Sumners Chanice | F | Open | -63kg |
| 14. Coggle Rebecca | F | Open | 84+kg |
| 15. Cavalier-Hirth Victoria | F | Open | 84+kg |
| 16. Erskine Lily | F | Open | -76kg |

Team Members: 10

1. Hall Lottie	✓ Cat.2	✓ Coach-Referee [NFR]
2. Jane Kevin	✓ Cat.1	✓ Official
3. Cleverley Archie		✓ Assistant Coach-Athlete [NFR]
4. Matson Hannah		✓ Assistant Coach-Athlete [NFR]
5. Marsh Paul		✓ Head Coach
6. Clarke Kate		✓ Coach
7. Foran Paul		✓ Coach
8. Taylor James		✓ Coach
9. Coggle Craig		✓ Coach
10. Ellis Sophia		✓ Coach

Iceland {The Team in Total: 4}*Lifters: 4*

1. Gunnarsdottir Arna	F Open	-69kg
2. Adalheidardottir Elin	F Open	-69kg
3. Gunnarsdottir Arna Osp	F Open	-69kg
4. Adalheidardottir Elin Melgar	F Open	-69kg

Isle of Man {The Team in Total: 11}*Lifters: 8*

1. Kipling Sol	M Open	-66kg
2. Runge Lewis	M Open	-93kg
3. Lindsay Teagan	F Open	-52kg
4. Lindsay Kerry	F Open	-63kg
5. Grant Lisa	F Open	-84kg
6. Pam Janet	F Open	84+kg
7. Wade Jackie	F Open	84+kg
8. Young Elizabeth	F Open	-76kg

Team Members: 3

1. Grant Lisa	✓ Head Coach
2. Runge Lewis	✓ Coach
3. Leece Stephanie	✓ Assistant Coach

Luxembourg {The Team in Total: 38}*Lifters: 33*

1. Nilles Kevin	M Open	-74kg
2. Vicente Santana Tomas	M Open	-83kg
3. Djankou Yannick	M Open	-83kg
4. Tavares Dylan	M Open	-93kg
5. Pounouko Issah	M Open	-93kg
6. Djankou Yannick	M Open	-93kg
7. de Almeida Gabriel	M Open	-93kg
8. Gasche Philippe	M Open	-105kg
9. Ndoja Gabriel	M Open	120+kg
10. Parage Philippe	M Open	120+kg
11. Weydert Emma	F Open	-57kg
12. Fischbach Laura	F Open	-57kg
13. Jurado Alba	F Open	-63kg
14. Weber Elyna	F Open	-84kg

15. Ewert Manuela	F Open	-84kg
16. Bennaoui Najia	F Open	84+kg
17. Alexandreas Marina	F Open	-69kg
18. Sacre Margault	F Open	-76kg

Team Members: 5

1. Parage Gaston	✓ Cat.1	✓ Official
2. Demuth-Jentgen Pierrette	✓ Cat.1	✓ Official
3. Timmers Ankie	✓ Nat.	✓ Official
4. Loconte Sebastiano	✓ Nat.	✓ Official
5. Hammang Alain		✓ Head Coach

Malta {The Team in Total: 6}*Lifters: 6*

1. Sammut Calvin	M Open	-120kg
2. Vassallo Nicole	F Open	-84kg
3. Spiteri Axiak Ilaria	F Open	-69kg

Northern Ireland {The Team in Total: 20}*Lifters: 11*

1. Jamison Corey	M Open	-74kg
2. Johnson Adam	M Open	-83kg
3. Vauls Peter	M Open	-83kg
4. Holmes Joshua	M Open	-93kg
5. Gilchrist Jack	M Open	-105kg
6. Dallat Michael	M Open	-105kg
7. Jordan Trevor	M Open	-120kg
8. Moore Ruth	F Open	-63kg
9. Horner Lisa	F Open	84+kg
10. Suitor Dana	F Open	-69kg
11. McCourt Daniella	F Open	-76kg

Team Members: 9

1. Elder Lauren	✓ Cat.2	
2. Gibson Michael	✓ Cat.2	
3. Allen Daniel		✓ Head Coach
4. Bell Lisa		✓ Coach
5. Gracey Dean		✓ Coach
6. Johnson Adam		✓ Assistant Coach
7. Jamison Corey		✓ Assistant Coach
8. Vauls Peter		✓ Assistant Coach
9. Topping Matthew		✓ Assistant Coach

Scotland {The Team in Total: 23}*Lifters: 16*

1. Farooq Zain	M Open	-74kg
2. Zhang Ricky	M Open	-83kg
3. White Ciar	M Open	-93kg
4. Murray Jordan	M Open	-93kg
5. Ruta Nick	M Open	-105kg
6. Adelakun Folahan	M Open	-105kg

7. Wilson Alasdair	M Open	-120kg
8. McLean Lewis	M Open	120+kg
9. Clark Molly	F Open	-52kg
10. Tang Zoe	F Open	-57kg
11. Judge Holly	F Open	-57kg
12. Winkler Bethany	F Open	-84kg
13. Parkin Joanne	F Open	84+kg
14. Bell Catriona	F Open	84+kg
15. Grieve Romy	F Open	-76kg
16. Neill Chloe	F Open	-76kg

Team Members: 7

1. Tocher Claire	✓ Cat.2	
2. McCahill Kirsty	✓ Nat.	
3. Brown William		✓ Head Coach
4. Montgomery Dean		✓ Coach
5. Klemola Sofia		✓ Coach
6. Lauder Angela		✓ Coach
7. Smith William		✓ Coach

Wales {The Team in Total: 21}*Lifters: 16*

1. Lewis Jac	M Open	-74kg
2. Francis Ieuan	M Open	-83kg
3. Shemilt Daniel	M Open	-83kg
4. Davies Lewis	M Open	-93kg
5. Graham Callum	M Open	-93kg
6. Rogers Jay	M Open	-105kg
7. Poyelle Gwilym	M Open	-105kg
8. Heyburn Max	M Open	-120kg
9. Norris Meghan	F Open	-52kg
10. Phillips Kayley	F Open	-52kg
11. Roberts Katie	F Open	-63kg
12. Rawsthorne Mel	F Open	84+kg
13. Irvine Katie	F Open	-69kg
14. Tickell Lauren	F Open	-69kg
15. Wright Amy	F Open	-76kg
16. Eaton Natasha	F Open	-76kg

Team Members: 5

1. Morgan Thomas		✓ Head Coach
2. McCarthy Sean		✓ Coach
3. Warren Louie		✓ Coach
4. Jones Delyth		✓ Coach
5. Davies Caitlin		✓ Assistant Coach

Summary Table

Number of Lifters	2025 European Women's Small Nation Tournament	19
	2025 European Men's Small Nation Tournament	17
	2025 Memorial Marion Hammang - Women's	53
	2025 Memorial Marion Hammang - Men's	49
Persons as ...	Referee	6
	Representative	32
	Referee & Representative	6
All Together		182