

European Women's Equipped Powerlifting Championships

Pilsen / Czechia, 2 – 11 May, 2025

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Hansen Lisette	1989	Denmark	161.5	96.5	172.0	430.0
2.	Polianska Mariia	2003	Ukraine	152.5	80.0	163.0	395.5
3.	Fadini Nicole	1998	Italy	140.0	100.0	140.0	380.0
-52kg							
1.	Kyosti Olivia	1999	Finland	187.5	125.0	175.0	487.5
2.	Klein Sarah	1988	Germany	187.5	112.5	182.5	475.0
3.	Shchavinska Tetiana	1996	Ukraine	177.5	117.5	157.5	452.5
4.	Quignaudon Sandrine	1991	Sweden	177.5	102.5	165.0	445.0
5.	Buxbom Eva	1969	Denmark	163.0	75.0	170.0	402.5
6.	Savolainen Laura	1989	Sweden	25.0	25.0	25.0	75.0
-57kg							
1.	Kula Zuzanna	1999	Poland	215.0	155.0	190.0	560.0
2.	Cernigliaro Alessandra	1995	Italy	215.0	140.0	192.5	547.5
3.	Bartonkova Blanka	1995	Czechia	205.0	120.0	190.0	515.0
4.	Moszynska Karolina	1986	Germany	207.5	137.5	180.0	512.5
5.	Goodwin Emma	1987	Great Britain	195.0	95.0	192.5	482.5
6.	Vasilescu Andreea	1991	Romania	177.5	102.5	180.0	460.0
7.	Kirilova Margarita	1997	Bulgaria	170.0	105.0	175.0	450.0
-63kg							
1.	Lulova Radostina	1993	Bulgaria	230.0	105.0	215.0	550.0
2.	Viehauser Ruth	1988	Austria	210.0	115.0	210.0	535.0
3.	Pituelli Emilia	1998	Italy	207.5	105.0	202.5	515.0
4.	Raiha Sofia	2001	Finland	205.5	122.5	185.0	513.0
5.	Darmon Melodie	1997	France	212.5	117.5	180.0	505.0
6.	Hall Kathryn	1996	Great Britain	200.0	130.0	170.0	500.0
7.	Silvennoinen Janika	1989	Finland	190.0	107.5	187.5	485.0
8.	Polkorabova Lubica	1988	Slovakia	162.5	127.5	140.0	430.0
9.	Spina Celine	1998	Belgium	140.0	120.0	165.0	425.0
10.	Ionita Raluca	1998	Romania	157.5	90.0	147.5	390.0
-84kg							
1.	Timmers Ankie	1986	Luxembourg	230.0	200.0	215.0	645.0
2.	Hille Arnesen Heidi	1970	Norway	247.5	150.0	207.5	605.0
3.	Andersen Karen	2000	Denmark	279.0	127.5	215.0	602.5
4.	Kamlund Sofia	1990	Sweden	220.0	165.0	190.0	575.0
5.	Hansen Julie	1991	Denmark	212.5	171.0	190.0	571.0
84+kg							
1.	Slizova Patricia	2001	Slovakia	220.0	130.0	175.0	525.0
2.	Kostiuk Viktoriia	2000	Ukraine	235.0	110.0	175.0	520.0
3.	Rosmundsdottir Agnes	1996	Iceland	195.0	127.5	172.5	495.0
4.	Haataja Emilia	1996	Finland	200.0	120.0	125.0	445.0
5.	von Gleichen Valerie	1992	Germany	25.0	25.0	25.0	75.0
-69kg							
1.	Silberzahn Cathrin	1988	Germany	250.0	150.0	205.0	602.5
2.	Tjelta Marthe	1999	Norway	222.5	152.5	200.0	575.0

3.	Schlagbauer Lisa	1996	Germany	220.0	127.5	217.5	565.0
4.	Havnen Yasmina	2003	Norway	215.0	147.5	200.0	562.5
5.	Kahrer Ines	1996	Austria	230.0	142.5	187.5	557.5
6.	Bordiu Veronika	2003	Ukraine	220.0	142.5	182.5	545.0
7.	Bak Kathrine	1981	Denmark	185.0	120.0	230.0	530.0
8.	Compagnie Kathleen	1980	Belgium	180.0	125.0	167.5	470.0
9.	Hart Lucy	1995	Great Britain	187.5	105.0	155.0	447.5
-76kg							
1.	Elverum Marte	1990	Norway	257.5	147.5	247.5	652.5
2.	Wik Frida	1991	Sweden	227.5	160.0	215.0	602.5
3.	Bryans Holly	1994	Great Britain	230.0	157.5	210.0	597.5
4.	Muliar Kateryna	2002	Ukraine	245.0	125.0	215.0	585.0
5.	Kaljula Karmen	1994	Estonia	205.0	170.0	197.5	572.5
6.	Broxtermann Katja	1986	Germany	230.0	152.5	187.5	567.5
7.	Steedman Rachel	1995	Great Britain	200.0	152.5	160.0	512.5

In Division there are 52 Lifters

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
-43kg							
1.	Idczak Karolina	2007	Poland	130.0	67.5	132.0	329.5
2.	Novytska Anna	2010	Ukraine	80.0	45.0	77.5	202.5
-47kg							
1.	Shevchuk Sofiia	2008	Ukraine	120.0	60.0	112.5	292.5
2.	Perdon Eliza	2007	Poland	115.0	55.0	110.0	280.0
3.	Seredenko Sofiia	2009	Ukraine	97.5	55.0	92.5	245.0
-52kg							
1.	Lavrus Diana	2007	Ukraine	130.0	52.5	122.5	305.0
2.	Znojek Zuzanna	2008	Poland	110.0	60.0	105.0	275.0
3.	Oproiu Ana	2007	Romania	95.0	52.5	100.0	247.5
-57kg							
1.	Olentyr Anastasiia	2008	Ukraine	180.0	110.0	162.5	452.5
2.	Helseth Berge Ada Sofie	2007	Norway	165.0	87.5	147.5	400.0
3.	Deutsch Amelia	2007	Poland	130.0	80.0	140.0	350.0
-63kg							
1.	Dziedzok Sandra	2007	Poland	162.5	98.0	152.5	413.0
2.	Kopola Ninni	2007	Finland	167.5	105.0	137.5	410.0
3.	Majewska Zuzanna	2007	Poland	145.0	67.5	145.0	357.5
4.	Khurda Diana	2010	Ukraine	90.0	60.0	95.0	245.0
-69kg							
1.	Narva Essi	2009	Finland	152.5	105.0	152.5	410.0
2.	Petrankova Ivana	2009	Slovakia	145.0	80.0	152.5	377.5
3.	Jiranova Tereza	2007	Czechia	152.5	75.0	140.0	367.5
4.	Deac Roxana	2008	Romania	135.0	80.0	117.5	332.5
-76kg							
1.	Holinei Ivanna	2007	Ukraine	200.0	136.0	155.0	491.0
2.	Rojkova Jana	2007	Czechia	160.0	140.0	165.0	465.0
3.	Ataieva Dominika	2007	Ukraine	170.0	107.5	142.5	420.0
4.	Korpi Nelli	2007	Finland	162.5	93.5	150.0	406.0

In Division there are 23 Lifters

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
-43kg							
1.	Ulianyk Khrystyna	2005	Ukraine	110.0	47.5	80.0	237.5
-47kg							
1.	Zhydkova Tetiana	2002	Ukraine	137.5	72.5	110.0	320.0
-52kg							
1.	Milatova Karolina	2006	Slovakia	140.5	91.0	170.0	401.5
2.	Todorescu Bianca	2006	Romania	140.0	100.0	122.5	362.5
3.	Kernychuk Ilona	2004	Ukraine	95.0	47.5	92.5	235.0
-57kg							
1.	Seldal Osterhus Karita	2006	Norway	172.5	103.0	160.0	435.5
2.	Cazacu Alexandra	2003	Romania	167.5	62.5	152.5	382.5
3.	Dankowska Wiktoria	2004	Poland	140.0	100.0	142.5	382.5
4.	Oskova Aneta	2006	Slovakia	157.5	72.5	150.0	380.0
5.	Weydert Emma	2004	Luxembourg	135.0	75.0	152.5	362.5
-63kg							
1.	Aas Emma	2003	Norway	190.0	97.5	203.0	490.5
2.	Lund Heidi Beathe	2005	Norway	182.5	117.5	170.0	470.0
3.	Palosaari Eerika	2005	Finland	160.0	130.0	160.0	435.0
4.	Honkonen Emma	2006	Finland	162.5	87.5	152.5	390.0
-84kg							
1.	Mikomagi Eliise	2003	Estonia	217.5	127.5	232.5	577.5
2.	Friisenfeldt Vilde Beathe	2005	Norway	202.5	122.5	187.5	512.5
3.	Sagalova Simona	2004	Slovakia	205.0	100.0	205.0	510.0
4.	Nikohosian Alina	2005	Ukraine	180.0	110.0	150.0	440.0
84+kg							
1.	Lierhagen Tuva	2003	Norway	262.5	200.0	195.0	657.5
2.	Hinz Lara	2004	Germany	240.0	172.5	190.0	602.5
3.	Truchlikova Adela	2005	Slovakia	175.0	80.0	172.5	427.5
4.	Popruha Vira	2003	Ukraine	162.5	107.5	155.0	425.0
-69kg							
1.	Gutuen Aaser Aurora	2003	Norway	187.5	130.0	182.5	500.0
2.	Taric Jasmina	2005	Slovakia	165.0	92.5	160.0	417.5
3.	Frackowiak Daria	2003	Poland	155.0	95.0	165.0	415.0
4.	Fursenko Rehina	2006	Ukraine	160.0	92.5	140.0	392.5
5.	Hansson Ellen	2003	Sweden	25.0	25.0	25.0	75.0
-76kg							
1.	Pontoni Eleonora	2003	Italy	222.5	205.0	190.0	617.5
2.	Borshch Oleksandra	2004	Ukraine	230.0	105.0	197.5	532.5
3.	Lapsanska Olivia	2003	Slovakia	192.5	100.0	170.0	462.5
4.	Kliestikova Julia	2006	Slovakia	195.5	97.5	152.5	445.5
5.	Haspel Klara	2004	Germany	25.0	25.0	25.0	75.0
6.	Sepp Eleriin	2006	Estonia	25.0	25.0	25.0	75.0

In Division there are 33 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
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-57kg

1.	Hughes Helen	1976	Great Britain	157.5	103.0	157.5	418.0
2.	Salter Gemma	1983	Great Britain	145.0	85.0	160.0	390.0
3.	Neitzel Ira	1981	Germany	145.0	85.0	137.5	367.5
4.	Lieb Nina	1981	Denmark	25.0	25.0	25.0	75.0

-63kg

1.	Berge Hege	1982	Norway	190.0	110.0	175.0	475.0
2.	Hinchelwood Amber	1978	Great Britain	126.0	67.5	132.5	415.0
3.	Niewdana Agata	1978	Poland	160.0	57.5	155.5	372.5

-84kg

1.	Rees Jacqui	1980	Great Britain	195.0	117.5	180.0	492.5
2.	Galbraith Denise	1983	Great Britain	200.0	105.5	165.0	450.5

84+kg

1.	Roos Evelyne	1980	Belgium	190.0	102.5	180.5	463.0
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-69kg

1.	Gubernati Michela	1981	Italy	207.5	105.0	202.5	515.0
2.	Andersen Lena	1981	Denmark	175.0	90.0	180.0	445.0
3.	Rehagel Verena	1980	Germany	160.0	95.0	160.0	415.0
4.	Gellweiler Bianca	1984	Germany	160.0	90.0	162.5	412.5
5.	Makinen Nina	1983	Finland	142.5	72.5	147.5	362.5

-76kg

1.	Kairaityte Ilona	1984	Lithuania	190.0	90.0	190.0	470.0
2.	Jensen Nora	1982	Denmark	190.0	90.0	167.5	447.5
3.	Ortmann Judith	1980	Germany	160.0	112.5	147.5	420.0
4.	Burroughs Catherine	1976	Great Britain	160.0	90.0	165.0	415.0
5.	Rybikova Alena	1984	Czechia	127.5	65.0	130.0	322.5

In Division there are 20 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Buxbom Eva	1969	Denmark	162.5	75.0	155.0	392.5
2.	Borgatti Elena	1969	Italy	150.0	80.0	155.0	385.0
3.	Verlaine Geraldine	1970	France	100.0	80.0	125.0	305.0
-57kg							
1.	Honka Nina	1972	Finland	155.0	87.5	168.0	408.0
2.	Mlejnkova Petra	1967	Czechia	147.5	82.5	152.5	382.5
3.	Izindre Annelie	1972	Sweden	127.5	90.0	135.0	352.5
-63kg							
1.	Rodney Allison	1966	Great Britain	122.5	85.0	132.5	340.0
2.	Treharne Yvonne	1966	Great Britain	127.5	75.0	112.5	315.0
-84kg							
1.	Berntsen Hege	1968	Norway	175.0	85.0	172.5	432.5
2.	Vidziuniene Giedre	1966	Lithuania	165.0	85.0	170.0	420.0
84+kg							
1.	Westbrook Denise	1973	Great Britain	137.5	75.0	127.5	340.0
-69kg							
1.	Joutsela Sanna	1973	Finland	155.0	110.0	177.5	442.5
2.	Solberg Heidi	1974	Norway	165.0	95.5	142.5	403.0

3.	Leccese Florence	1969	France	150.0	92.5	120.0	362.5
4.	Veedfald Linda	1973	Denmark	142.5	62.5	140.0	345.0

-76kg

1.	Johansson Ulrika	1972	Sweden	190.0	110.0	175.0	475.0
2.	Gordon Catherine	1973	Great Britain	177.5	115.0	177.5	470.0
3.	Fiserova Vera	1973	Czechia	137.5	70.0	147.5	355.0
4.	Hampel Sybille	1967	Germany	130.0	80.0	130.0	340.0

In Division there are 19 Lifters**Division «Masters III»**

#	Name	Born	Team	SQ	BP	DL	Total
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-52kg

1.	Hunter Jennifer	1958	Great Britain	72.5	57.5	105.0	235.0
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-57kg

1.	Parfait Martine	1957	France	102.5	65.0	130.0	297.5
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-63kg

1.	Stavik Anita	1965	Norway	160.0	70.0	152.5	382.5
2.	Shergold Rita	1965	Great Britain	140.0	95.0	137.5	372.5
3.	Kring Pia	1957	Germany	85.0	55.0	127.5	267.5
4.	Glomstein Tone	1964	Norway	25.0	25.0	25.0	75.0

-69kg

1.	Gordon Maureen	1964	Great Britain	145.0	135.0	160.0	440.0
2.	Stavheim Gro-Berit	1964	Norway	145.0	75.0	140.0	360.0
3.	Skogman Seija	1965	Finland	111.0	90.0	100.0	301.0

-76kg

1.	Palsdottir Elsa	1960	Iceland	155.0	80.0	175.5	410.5
2.	Einarsen Lene	1963	Norway	137.5	95.0	130.0	362.5

In Division there are 11 Lifters**Division «Masters IV»**

#	Name	Born	Team	SQ	BP	DL	Total
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-57kg

1.	Fernstrom Britten	1949	Sweden	25.0	25.0	25.0	75.0
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-69kg

1.	Olah Lucica	1955	Romania	100.0	50.0	115.0	265.0
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In Total there are 160 Lifters