

**2024 African Men's Classic Bench Press Championships**

Potchefstroom / South Africa, 29 October – 3 November, 2024

**Division «Open»**

#	Name	Born	Team	BP
<b>-66kg</b>				
<sup>R</sup> 1.	Elouaflin Michael	1989	Ivory Coast	135.0
<b>-83kg</b>				
1.	Hamdani Fethi	1993	Algeria	177.5
2.	Techap Fongang	1989	Cameroon	160.0
<b>-93kg</b>				
1.	Belkebir Abderrahim	1995	Algeria	190.0
2.	Balangwe Bakinien Julien	1986	Cameroon	182.5
<b>-105kg</b>				
1.	Kebbab Saber	1976	Algeria	190.0
<b>-120kg</b>				
1.	Naoussi Nembot Ano	1992	Cameroon	195.0
2.	Bendjeddou Yacine	1989	Algeria	195.0
<b>120+kg</b>				
1.	Ngon Anong A	1987	Cameroon	200.0
<b>In Division there are 9 Lifters ( In Teams:8 In Reserve:1 )</b>				

**Division «Subjuniors»**

#	Name	Born	Team	BP
<b>-59kg</b>				
1.	Tingounzeu Daren Aram	2010	Cameroon	70.0
<b>-66kg</b>				
1.	Ondoua Ntonga Hugues Laurent	2009	Cameroon	90.0
<b>In Division there are 2 Lifters</b>				

**Division «Masters I»**

#	Name	Born	Team	BP
2.	Coleman Steven	1979	South Africa	123.0
<b>120+kg</b>				
1.	Breetzke Simon	1978	South Africa	165.0
<b>In Division there are 2 Lifters</b>				

**Division «Masters II»**

#	Name	Born	Team	BP
<b>-105kg</b>				
1.	Ingel Nicholas	1971	South Africa	125.0
2.	Tingounzeu Omer Gaston	1974	Cameroon	70.0
<b>-120kg</b>				
1.	de Beer Hermanus	1970	South Africa	152.5
<b>120+kg</b>				
1.	Crain John	1969	South Africa	177.5
<b>In Division there are 4 Lifters</b>				

**Division «Masters III»**

#	Name	Born	Team	BP
<b>-66kg</b>				

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1. Bruce Jc	1963	South Africa	80.0
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**In Division there is 1 Lifter**

**Division «Masters IV»**

#	Name	Born	Team	BP
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**-83kg**

1. Oppenheim Dan	1945	South Africa	90.0
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**In Total there are 19 Lifters ( In Teams:18 In Reserve:1 )**